# Menu FIR Intolerance Report

## Secondary Breakfast_April 26

| Dish Name | **Cereals containing Gluten :** | Wheat | Spelt (Wheat) | Kamut (Wheat) | Rye | Barley | Oats | Fish | Crustaceans | Molluscs | Eggs | Soybeans | Milk | **Tree Nuts :** | Almonds | Hazelnut | Walnut | Cashew nut | Pecan nut | Brazil nut | Pistachio nut | Macadamia nut or Queensland nut | Peanuts | Celery | Mustard | Sesame | Sulphur dioxide/sulphites | Lupin |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Cereal** | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cereal - Cornflakes 1000450 (Yield 1ptn/s) | ✓ | | | | | ✓ | | | | | | | ✓ | | | | | | | | | | | | | | | |
| Cereal - Rice Crispies 1000449 (Yield 1ptn/s) | ✓ | | | | | ✓ | | | | | | | ✓ | | | | | | | | | | | | | | | |
| Milk for Cereal 1000451 (S) (Yield 1ptn/s) | | | | | | | | | | | | | ✓ | | | | | | | | | | | | | | | |
| **Muffin** | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Halal Sausage Cheese & Hash Brown Muffin 2892 (Yield 10ptn/s) | ✓ | ✓ | | | | | | | | | | ✓ | ✓ | | | | | | | | | | | | | M | ✓ | |
| Sausage Cheese & Hash Brown Muffin 7874 (Yield 10ptn/s) | ✓ | ✓ | | | | | | | | | | ✓ | ✓ | | | | | | | | | | | | | M | ✓ | |
| Spinach & Hash Brown Egg Bite 7861 (Yield 24ptn/s) | | | | | | | | | | | ✓ | | ✓ | | | | | | | | | | | | | | | |
| **Porridge** | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Free Porridge 1004244 (Yield 12ptn/s) | ✓ | M | | | | M | ✓ | | | | | | ✓ | | | | | | | | | | | | | | | |
| Plain Porridge 7876 (Yield 12ptn/s) | ✓ | M | | | | M | ✓ | | | | | | ✓ | | | | | | | | | | | | | | | |
| Topping - Cinnamon Sugar 1000349 (Yield 10ptn/s) | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Topping - Dried Fruit 1000348 (Yield 10ptn/s) | | | | | | | | | | | | | | | | | | | | | | | | | | | ✓ | |
| Topping - Easiyo Mixed Berry 1000352 (Yield 10ptn/s) | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Topping - Easiyo Strawberry 1000351 (Yield 10ptn/s) | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Topping - Golden Syrup 1000353 (Yield 10ptn/s) | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Topping - Honey 1000350 (Yield 10ptn/s) | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Topping - Pumpkin Seeds 1000355 (Yield 10ptn/s) | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Topping - Sunflower Seeds 1000354 (Yield 10ptn/s) | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| **Pot** | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 3 Piece Breakfast 7770 (Yield 18ptn/s) | ✓ | ✓ | | | | | | | | | | ✓ | | | | | | | | | | | | | | | ✓ | |
| 4 Piece Breakfast 7775 (Yield 18ptn/s) | ✓ | ✓ | | | | | | | | | | ✓ | | | | | | | | | | | | | | | ✓ | |
| 5 Piece Breakfast 1000690 (Yield 10ptn/s) | ✓ | ✓ | | | | | | | | | ✓ | ✓ | | | | | | | | | | | | | | | ✓ | |
| Halal 3 Piece Breakfast 7763 (Yield 18ptn/s) | ✓ | ✓ | | | | | | | | | | | | | | | | | | | | | | | | | ✓ | |
| Halal 4 Piece Breakfast 7778 (Yield 18ptn/s) | ✓ | ✓ | | | | | | | | | | ✓ | ✓ | | | | | | | | | | | | | | ✓ | |
| Halal 5 Piece Breakfast 1000691 (Yield 10ptn/s) | ✓ | ✓ | | | | | | | | | ✓ | ✓ | ✓ | | | | | | | | | | | | | | ✓ | |
| **Bagels** | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cheese & Bacon Bagel 7853 (Yield 10ptn/s) | ✓ | ✓ | | | ✓ | ✓ | | | | | | | ✓ | | | | | | | | | | | | M | | | |
| Cheese & Tomato Bagel 7854 (Yield 10ptn/s) | ✓ | ✓ | | | ✓ | ✓ | | | | | | | ✓ | | | | | | | | | | | | M | | | |
| **Baguette** | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Bacon Baguette 7855 (Yield 10ptn/s) | ✓ | ✓ | | | | M | | | | | | | | | | | | | | | | | | | M | | | |
| Halal Half Chicken Sausage Baguette 1000465 (Yield 20ptn/s) | ✓ | ✓ | | | | ✓ | | | | | | | | | | | | | | | | | | | | ✓ | | |
| Mini Bacon Baguette 7856 (Yield 20ptn/s) | ✓ | ✓ | | | | M | | | | | | | | | | | | | | | | | | | M | | | |
| Mini Sausage Baguette 7858 (Yield 20ptn/s) | ✓ | ✓ | | | | M | | | | | | ✓ | | | | | | | | | | | | | M | ✓ | | |
| Sausage Baguette 7857 (Yield 10ptn/s) | ✓ | ✓ | | | | M | | | | | | ✓ | | | | | | | | | | | | | M | ✓ | | |
| **Bap** | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Bacon Bap 4" 7787 (Yield 10ptn/s) | ✓ | ✓ | | | | | | | | | | | | | | | | | | | | | | | M | | | |
| Pork Sausage Bap 4" 7786 (Yield 10ptn/s) | ✓ | ✓ | | | | | | | | | | ✓ | | | | | | | | | | | | | M | ✓ | | |
| **Bakery** | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Croissant 7862 (Yield 10ptn/s) | ✓ | ✓ | | | | | | | | | ✓ | M | ✓ | M | M | M | | | | | | | | | | | | |
| Pain Au Chocolate 7863 (Yield 10ptn/s) | ✓ | ✓ | | | | | | | | | ✓ | M | ✓ | M | M | M | | | | | | | | | | | | |

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| Dish Name | **Cereals containing Gluten :** | Wheat | Spelt (Wheat) | Kamut (Wheat) | Rye | Barley | Oats | Fish | Crustaceans | Molluscs | Eggs | Soybeans | Milk | **Tree Nuts :** | Almonds | Hazelnut | Walnut | Cashew nut | Pecan nut | Brazil nut | Pistachio nut | Macadamia nut or Queensland nut | Peanuts | Celery | Mustard | Sesame | Sulphur dioxide/sulphites | Lupin |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Toast Malted Bloomer 1000304 (Yield 1ptn/s) | ✓ | ✓ | | | | ✓ | | | | | | ✓ | | | | | | | | | | | | | | | | |
| Toast White 7878 (Yield 1ptn/s) | ✓ | ✓ | | | | M | | | | | | ✓ | | | | | | | | | | | | | | | | |
| Toasted Buttered Bagel 7879 (Yield 10ptn/s) | ✓ | ✓ | | | ✓ | ✓ | | | | | | | | | | | | | | | | | | | | M | | |
| Waffle Plain 7881 (Yield 10ptn/s) | ✓ | ✓ | | | | | | | | | ✓ | ✓ | ✓ | | | | | | | | | | | | | | | |
| **Single** | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Bacon Rasher 7781 (Yield 10ptn/s) | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Baked Beans 7782 (Yield 10ptn/s) | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Breakfast Mushrooms 1000472 (Yield 10ptn/s) | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Butter Portion 10387 (S) (Yield 1ptn/s) | | | | | | | | | | | | | ✓ | | | | | | | | | | | | | | | |
| Flora Portion 1000363 (S) (Yield 1ptn/s) | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Fried Egg 1000471 (Yield 1ptn/s) | | | | | | | | | | | ✓ | | | | | | | | | | | | | | | | | |
| Hash Brown 7783 (Yield 10ptn/s) | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Pork Sausage 7784 (Yield 10ptn/s) | ✓ | ✓ | | | | | | | | | | ✓ | | | | | | | | | | | | | | | ✓ | |
| Topping - Mixed Fruit Jam 1000358 (Yield 10ptn/s) | | | | | | | | | | | | | | | | | | | | | | | | | | | ✓ | |
| Topping - Raspberry Jam 1000357 (Yield 10ptn/s) | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vegan Sausage 7785 (Yield 10ptn/s) | | | | | | | | | | | | ✓ | | | | | | | | | | | | | | | ✓ | |
| **Wraps** | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Breakfast Wrap - Meat 1000446 (Yield 10ptn/s) | ✓ | ✓ | | | | | | | | | | ✓ | ✓ | | | | | | | | | | | | | | ✓ | |
| Breakfast Wrap - Veggie 1000455 (Yield 10ptn/s) | ✓ | ✓ | | | | | | | | | | ✓ | ✓ | | | | | | | | | | | | | | ✓ | |
| Halal Breakfast Wrap - Meat 1000454 (Yield 10ptn/s) | ✓ | ✓ | | | | | | | | | | | ✓ | | | | | | | | | | | | | | ✓ | |
| **Bakery** | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Breakfast Pancake Maple Syrup 1011785 (Yields 10 ptn/s) | ✓ | ✓ | | | | | | | | | ✓ | | ✓ | | | | | | | | | | | | | | | |

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Croissant 7862 (Yield 10ptn/s) | ✓ | ✓ | | | | | | | | | ✓ | M | ✓ | M | M | M | | | | | | | | | | | | |
| Dropped Pancake with Fruit Toppings 1005511 (Yield 20ptn/s) | ✓ | ✓ | | | | | | | | | ✓ | | ✓ | | | | | | | | | | | | | | | |
| Pain Au Chocolate 7863 (Yield 10ptn/s) | ✓ | ✓ | | | | | | | | | ✓ | M | ✓ | M | M | M | | | | | | | | | | | | |
| Toast White 7878 (Yield 1ptn/s) | ✓ | ✓ | | | | M | | | | | | ✓ | | | | | | | | | | | | | | | | |
| Toasted Buttered Bagel 7879 (Yield 10ptn/s) | ✓ | ✓ | | | ✓ | ✓ | | | | | | | | | | | | | | | | | | | | M | | |
| Toasted Crumpets 1010216 (Yield 10ptn/s) | ✓ | ✓ | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Waffle Plain 7881 (Yield 10ptn/s) | ✓ | ✓ | | | | | | | | | ✓ | ✓ | ✓ | | | | | | | | | | | | | | | |