



## Community Newsletter Summer 2023

### Cambridgeshire County Council Holiday activities and Food Programme

**Summer Holiday Scheme Places for free**

Would your child like to attend a fully funded holiday scheme this summer where fun experiences, a meal and snacks are included?

Children in receipt of income-related free schools meals are eligible to attend for up to 64 hours. Other children may also be eligible, visit the County Council webpage for further details.

Further information:  
[www.cambridgeshire.gov.uk/haf](http://www.cambridgeshire.gov.uk/haf)  
(or scan the QR Code)  
Questions: [HAF@cambridgeshire.gov.uk](mailto:HAF@cambridgeshire.gov.uk)

Cambridgeshire County Council

### Cambridgeshire County Council's Holiday Activities and Food (HAF) programme.

This summer, Barracudas are pleased to support Cambridgeshire County Council's **Holiday Activities and Food (HAF) programme**. Providing free places to eligible children at:

**Ely College, Ely – 24<sup>th</sup> July – 18<sup>th</sup> August**

All parents/carers of eligible children will receive a unique code that will enable them to book places onto the programme. Barracudas have been granted a limited number of places so, early booking is essential.

Each child is able to book a maximum of **9 days** at our Ely camp over the summer holidays.

As well as a variety of fun activities, children will be provided with a cold meal, chosen at the point of booking.

All parents/carers of eligible children will receive a unique code that will enable them to book places onto the programme.

To book parents/carers will need call Barracudas on 01480 46757, quoting their unique code. Availability is limited, so we advise early booking!

To find out more information please visit our website <https://www.barracudas.co.uk/faqs/haf-bookings/>

**BARRACUDAS Activity Day Camps**

**#SCHOOL HOLIDAY FUN! FOR 4½ - 14 yrs**

**80+ ACTIVITIES CHOICE FOR EVERY SESSION**

BOOK NOW! LTD HAF BOOKINGS AVAILABLE!

visit [barracudas.co.uk](http://barracudas.co.uk) or call 01480 467 567

The UK's Favourite Holiday Activity Camp!

Trustpilot

Ofsted

### Soham Community Uniform Open Day

Soham Community Uniform Page are having an open day at the Pavilion in Soham (on the Rec) for people to come and try on uniform and take away anything they need for Sept (or beyond!... nothing wrong with forward planning)

Please come along and collect new/pre-used uniform completely free. 24<sup>th</sup> July from 12pm until 3pm at the Pavilion on the Rec.

We have uniform for all 3 primary schools and the college in Soham.

<https://www.facebook.com/groups/461742710990925/>

## Personalised Swimming Lessons

We offer personalised swimming lessons in the Soham area, featuring private pools and expert teachers who can help children overcome fears, gain confidence, or refine their swimming strokes.

Swimming is a crucial life skill, and learning to swim could save a life and our lessons can supplement school swimming programs and enable all children to swim 25 meters before they leave primary school. Shockingly, 1 in 3 children cannot swim by the time they finish primary school, despite it being part of the national curriculum.

We understand that providing school swimming is a challenging and costly

endeavour, but we are genuinely committed to assisting children in learning to swim. We aim to engage the

community's children in the swimming learning process, and with your help, we can make that happen.

Therefore, we would greatly appreciate it if you could assist us in spreading the word about our latest advertisement for an intensive course in Summer holidays

If you are interested in having us support your school swimming program, please let us know. We have ideas and options to accommodate all schools. Best wishes, Lucy and Polly



**INTENSIVE SWIMMING COURSE**  
**5 DAY COURSES, SUMMER 2023**

**King's Ely**  
Week 1 - 24th July - 28th July  
Week 2 - 31st July - 4th August  
Week 3 7th August - 11th August  
Week 4 14th August - 18th August

**St Andrews Soham**  
24th July - 28th July

Independent lessons for all ages and abilities  
30 minute lessons between 9am-12pm

**£95.00 per swimmer**



Seahorse Swim School | info@seahorseswimely.co.uk  
www.seahorseswimely.co.uk | 01353 482492

## Barracudas Camp 12-14 Year Olds

We know parents are often looking for activities for their older children to take part in to break up the long school holidays and our BX+ programme provides a great solution for 12-14 year olds.

The BX+ course gives young people the chance to gain key skills and insight into what it's like to work as a member of staff at a summer camp. This is a great way to engage the older kids at camp as they reach the next developmental stage. They'll get to do all the fun activities on offer whilst also gaining key life skills and work experience. They'll also receive a booklet about their time with us and a certificate, both of which are a superb addition to their record of achievement.

We're pleased to be able to offer parents of your school an exclusive discount code **Parents will receive £20 off a booking at their local camp with the code SCHOOL20.** Please feel free to share this code and image below to make parents aware.

Full details can be found here

<https://www.barracudas.co.uk/activities/bxplus-13-14-years/>

And that's not all - we also accept ALL Childcare Vouchers and Tax-Free childcare.  
**Please share this coded leaflet with parents.**



**BARRACUDAS**  
Summer Holiday Camp

**BOOK NOW!**  
GET YOUR EARLY BIRD DISCOUNT! BOOK BY 15th JULY TO GET THE BEST DEAL! \*MINIMUM 2 WEEKS NOTICE

**#QUOTE CODE: SCHOOL20**  
FOR AN EXTRA £20 OFF YOUR BOOKING\*  
\*MINIMUM OF 2 DAYS

**80+ ACTIVITIES**  
CHOICE FOR EVERY ACTIVITY

**The UK's Favourite Holiday Activity Camp!**

**Trustpilot** 5.0

**Ofsted** Outstanding

**Seahorse Swim School** | info@seahorseswimely.co.uk  
www.seahorseswimely.co.uk | 01353 482492





**Simzdo Flight Simulators**  
**Mildenhall**  
**JUNIOR**  
**Virtual Flying Club**

60 minutes  
For 1 or 2 pupils  
per lesson  
**£60**

Call to book  
**01638 428558**

**Junior Pilot Instructor**  
**Harry Howe**

**PILOT TRAINING COURSE FOR YOUNG PEOPLE WITH AN ASPIRATION OF BECOMING PILOTS IN THE FUTURE**

**16 years & under only**

Lessons will cover the same subjects as in the PPL - Private Pilot Licence syllabus

**Available Weekdays During School Holidays**

**1) Principles of Flight**  
**2) Circuits and Charts**  
**3) Weather and Navigation**  
**4) Stalling and Manoeuvres**  
**5) Pilot Assessments**

**DBS CHECK ONLINE**

**www.simzdo.com**

**((BOUNCE))**  
**BOUNCEFITBODY.COM**

**MINI TRAMPOLINE FITNESS**  
**FULL BODY GROUP WORKOUT**

**Come & ((BOUNCE)) HERE in**  
**SOHAM VILLAGE COLLEGE**  
**Sand St, Soham, Ely CB7 5AA**

Scan for full timetable & bookings  
Classes held on Monday & Thursday

**((BOUNCE)), BEATS & BARBELLS CLASSES**  
**WWW.BOUNCEFITBODY.COM**

## Ben's Yard

On the 30th June Ben's Yard opened to the public offering a thoughtfully designed restaurant with seasonal fare, alongside fashion and lifestyle boutiques, a luxury florist and leisure activities including a playground and a 6-acre event space, all beautifully landscaped on the Stuntney Estate with marked trails through woodland, fenland and wildflower meadows. Further details can be viewed on their [website](#).



## Thinking about making a change

Have you ever thought about being a Foster Carer to children who can't live with their families? Ever thought to yourself 'I'd love to care for a child' but then wondered how this would fit with your work commitments? Are you held back by thoughts of doubt that you could be a Foster Carer? If so, you could be denying a child or young person the opportunity to have a wonderful home with you.

There are children and young people who need a loving home, and you could be just what they need. If you would like more information about becoming a Foster Carer or know someone who could offer a safe, secure and loving home then please get in touch on: 0800 052 0078 or email [fosteringmarketing@cambridgeshire.gov.uk](mailto:fosteringmarketing@cambridgeshire.gov.uk) or visit [www.cambridgeshire.gov.uk/fostering](http://www.cambridgeshire.gov.uk/fostering)



## Summer Holiday Activities 2023

Event	Price	Date	Time
Glass Lanterns Drop in <small>no need to book</small>	Free	26/7/23	10.00-12.00 1.00-3.00
Silk Painting Workshop <small>Booking essential</small>	£6	2/8/23	10.00-11.00 2.00-3.00
Children's Glass Fusing Workshop <small>Booking essential</small>	£12	11/8/23	11.00-12.30 1.30-3.00
Stained Glass Animals Drop in <small>no need to book</small>	Free	15/8/23	10.00-12.00 1.00-3.00
Family Glass Fusing Workshop <small>Booking essential</small>	£12	18/8/23	11.00-12.30 1.30-3.00
Scratch Art CD Roundel Drop in <small>no need to book</small>	Free	22/8/23	10.00-12.00 1.00-3.00
Acrylic Painting Workshop <small>Booking essential</small>	£4	29/8/23	10.00-11.00 2.00-3.00

Find out more at  
[www.stainedglassmuseum.com/whatson](http://www.stainedglassmuseum.com/whatson) book online at  
<https://stained-glass-museum.arttickets.org.uk>



PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE 6 WEEKS SUMMER HOLIDAYS 2023 <small>COURTESY OF MONEY SAVING CENTRAL</small>	
<b>ASDA</b> Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.	<b>MORRISONS</b> Spend £4.49 & get one free kids meal all day, every day.
<b>TESCO</b> Kids eat free with a purchase of 60p+ from Mon 24th July - Fri 1st September 2023	<b>GORDON RAMSEY RESTAURANTS</b> Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants
<b>SAINSBURY'S CAFES</b> Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.	<b>PRETO</b> Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms
<b>BEEFEATER &amp; BREWERS FAYRE</b> Two children under 16 can get a free breakfast every day with one paying adult!	<b>BILLS</b> 2 kids eat FREE all day, every day from Monday 24th July - Friday 1st Sept 2023
<b>THE REAL GREEK</b> Kids under 12 eat FREE every Sunday for every £10 spent by an adult	<b>BELLA ITALIA</b> Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.
<b>TABLE TABLE</b> Two children under 16 can get a free breakfast every day with one paying adult!	<b>WHITBREAD INNS</b> Two kids under 16 eat for FREE with every adult breakfast purchased
<b>TRAVELodge</b> Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free	<b>SA BRAINS PUBS</b> Children can eat for £1 with any adult main. Valid All Day Wednesdays
<b>HUNGRY HORSE</b> Kids eat for £1 on Mondays & up to 2 Kids get free breakfast with 1 adult breakfast	<b>FUTURE INNS</b> Under 12's eat for free with any adult meal. During the school holidays
<b>PREMIER INN</b> Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free	<b>PAUSA CAFE @ DUNELM</b> Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm
<b>SIZZLING PUBS</b> Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.	<b>YO! SUSHI</b> From Mon 17th of July until Fri 11th of Aug kids eat free with every £10 adult spend
<b>IKEA</b> Kids get a meal from 95p daily from 11am	<b>TO BE CONFIRMED...</b> M&S and Farmhouse Inns

Copyright of MONEY SAVING CENTRAL



## FREE FAMILY ACTIVITY EVENTS

### Waste Education Centre **Waterbeach**

2nd, 9th, 16th, 23rd August 10am - 12pm

**EVER WONDERED WHAT HAPPENS  
TO YOUR HOUSEHOLD WASTE?**

**Lots of FUN for all the family**

- See your recycling being sorted.
- Learn fabric craft skills.
- **FREE** refreshments.
- Have a go at making tasty snacks from food leftovers.



**TO BOOK AND FOR MORE INFO VISIT US AT**  
<https://www.cambridgeshire.gov.uk/residents/waste-and-recycling/waste-education-service>

Places are limited so advance booking is essential, we can only accept those registered via email on a strictly first come first served basis.

**THE  
LIBRARY  
PRESENTS**



## FREE SAMBA DRUMMING WORKSHOPS FOR THE HOLIDAY ACTIVITIES & FOOD SCHEME

Participants must be eligible for free school meals.



### **SOHAM LIBRARY**

**Thursday 27 July**

### **WISBECH LIBRARY**

**Monday 31 July &  
Tuesday 29 August**

### **ELY LIBRARY**

**Thursday 31 August**

All sessions **11.30am to 2.30pm**  
(including lunch provided)

For adults with children ages 7 – 16 years.

**Children must be accompanied by an adult who can join in with the fun.**

*A high energy experience that will get everyone having fun.  
Never touched a drum? Doesn't matter, Anthony Paul will support you to  
have a go. All instruments provided.*

#### **Places must be booked in advance by emailing:**

thelibrarypresents@cambridgeshire.gov.uk  
and giving the 16-digit voucher code on your HAF e-voucher.

If your child/ren is eligible for benefits-related free school meals, you were sent a voucher from [Hello@holidayactivities.com](mailto:Hello@holidayactivities.com) by email/text on 12 June. For families who may meet other eligibility criteria, visit the webpage: [Cambridgeshire Holiday Activities and Food \(HAF\) Programme 2023 - Cambridgeshire County Council](#)



Urban&Civic

