FLT BTEC HSC—Years 10 & 11



	Year 10 - BTEC Level 1 Introductory in Health and Social Care		Year 11 – BTEC Level 1 Introductory in Health and Social Care	
	Units	Assessments	Units	Assessments
Autumn	 Unit HSC5: Finding out about health and social care services Students will learn basics of physical, intellectual, emotional and social development throughout the life stages. Students will look at the factors that can affect health and development They will research the types of health and social care services that are available in the local area. Students will learn about different types of life events that can affect people and how they can be supported though these changes. 	Case study scenario write up aiming to provide information about local health and social care services for people in given situations	 Unit A2: Developing a personal progression plan Students will research and find out information about job opportunities linked to the health and social care sector Students will find out about other progression opportunities available to them Students will complete a skills audit and identify strengths and areas for development Students will learn about appropriate attitudes and behaviours needed for progression for their future and learn how to develop these Students will learn to set achievable goals for progression 	Assessment will take place in the form of a progression interview with the teacher or another member of staff. Students will be expected to research and prepare for this independently and then produce a detailed progression plan identifying the progression goal and the key skill areas needed to achieve this end goal. The assessment will start at the end of the Autumn term and will run over into the start of the Spring term.

Spring	 Unit HSC8: Advising others about healthy lifestyles Students will learn about the general definitions of health and wellbeing and factors that are important to ensure an individual has a healthy lifestyle Students will learn about health and lifestyle indicators and how to interpret data around them Students will look at the obstacles that individuals can face when trying to achieve a healthier lifestyle 	Assessment will take place in the format of group presentations aiming to help advise others on achieving a healthier lifestyle. The assessment will start at the end of the Spring term and will run over into the start of the Summer term.	 Unit HSC9: Providing a creative activity when caring for people Students will spend time learning and trying out different creative activities designed for a range of age groups, such as clay modelling, painting, gardening, sewing and music Students will participate in the creation of activities for children, making sure that they are suitable for a particular age group Students will participate in the creation of activities for older people, making sure that they are suitable for a particular age group 	Students will be challenged to provide a creative activity for a set group of people in a case study scenario. There will be an opportunity to try out their activities with groups of visiting children and older people.
Summer	 Unit A1: Being organised Students will learn about a variety of techniques to improve their own organisational skills, such as: ⇒ Prioritising tasks ⇒ Planning their time ⇒ Use of devices ⇒ Filing and folders ⇒ Using a planner/diary ⇒ Meeting deadlines ⇒ Identifying own strengths and areas for development 	Assessment will be ongoing and students will compile evidence throughout. There will be a more formal assessment task at the end of the unit designed to test their new found skills of producing and using a planner for a set period of time. The assessment will start at the end of the Summer term and will run over into the start of the Autumn term in the following academic year.	The Summer term will be used for completion of the Unit HSC9 assessment. There will also be time available for resubmission work or interventions.	