Top tips for forming good revision habits

- 1. Think about commitments you already have e.g. an evening when you have football training
- 2. Then work out when you have time available
- 3. Think of other things you like to do that relax you or you enjoy
- 4. Look at your available time and think of how you can share it between these things

Top tips for forming good revision habits

- 1. Try to use a room or part of a room that is only for revision, that way you will associate working with being there and distractions will be easier to avoid.
- 2. Sit a chair and a table/desk (not on your bed).
- 3. Tell someone you're starting revision and tell them to ask you what you will be doing in that time.
- 4. Be very specific about when, where and what you will revise.
- 5. Keep distractions away no TV, no phone, no computer game. Make it easy to avoid temptation by making your environment temptation free.
- 6. Set a clear end time so you know when you can stop.
- 7. If it is not a school day, make an effort to get up and treat it like a job that needs doing.

Date – W/C	What subjects will I revise and what activities will I do?									
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
	Subject:	Subject:	Subject:	Subject:	Subject:	Subject:	Subject:			
	Activity:	Activity:	Activity:	Activity:	Activity:	Activity:	Activity:			
	Time:	Time:	Time:	Time:	Time:	Time:	Time:			
	Location:	Location:	Location:	Location:	Location:	Location:	Location:			
	Subject:	Subject:	Subject:	Subject:	Subject:	Subject:	Subject:			
	Activity:	Activity:	Activity:	Activity:	Activity:	Activity:	Activity:			
	Time:	Time:	Time:	Time:	Time:	Time:	Time:			
	Location:	Location:	Location:	Location:	Location:	Location:	Location:			
	Subject:	Subject:	Subject:	Subject:	Subject:	Subject:	Subject:			
	Activity:	Activity:	Activity:	Activity:	Activity:	Activity:	Activity:			
	Time:	Time:	Time:	Time:	Time:	Time:	Time:			
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	Subject:	Subject:	Subject:	Subject:	Subject:	Subject:	Subject:			
	Activity:	Activity:	Activity:	Activity:	Activity:	Activity:	Activity:			
	Time:	Time:	Time:	Time:	Time:	Time:	Time:			
	Location:	Location:	Location:	Location:	Location:	Location:	Location:			

Weekly Revision Timetable – In the holidays (for a more detailed plan if you prefer)

	Weekly Nevision Timetable III the holidays (for a more detailed plant if you prefer)												
	8-9	9-10	10-11	11-12	12-13	13-14	14-15	15-16	16-17	17-18	18-19	19-20	20-21
Monday													
Tuesday													
Wednesday													
Thursday													
Friday													
Saturday													
Sunday													