



# Moving On

## Options for School Leavers with Additional Needs

Information for Parents and Carers

Produced by the 14-25 Additional Needs Team

Last Updated February 2022

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## The 14-25 Additional Needs Team

As the 14-25 Additional Needs Team we can offer you detailed advice and guidance in relation to education, training and employment as appropriate to your son or daughter. We can also give you a certain amount of information about the other issues discussed in this booklet but may need to refer you to other agencies to ensure you and your son or daughter receive the information and support required.

If you would like to speak to someone, but don't know who to talk to please contact us.

### **Martine Simpson-Thomas – Countywide Team Leader**

Email: [martine.simpson-thomas@cambridgeshire.gov.uk](mailto:martine.simpson-thomas@cambridgeshire.gov.uk)

Tel: 07876 068830

### **Sian Johnson – Additional Needs Pathway Adviser – City**

Email: [sian.johnson@cambridgeshire.gov.uk](mailto:sian.johnson@cambridgeshire.gov.uk) Tel: 07748 920118

Sian covers: Granta School, Specialist Post 16 Provision at Impington Village College, Red Balloon Learner Centre, Red Balloon of the Air, Cambridge Regional College Cambridge Campus, College of West Anglia Milton, Bedford College, SENSE (Knapwell)

### **Angie Vickery – Additional Needs Pathway Adviser – South**

Email: [angie.vickery@cambridgeshire.gov.uk](mailto:angie.vickery@cambridgeshire.gov.uk) Tel: 07469 377540

Angie covers: Castle School, Gretton School, Centre School including 6<sup>th</sup> Form, Cottenham Hearing Centre, Cabins at Comberton, Melbourn and Trumpington Village Colleges, Cambridge Regional College Huntingdon Campus

### **Debbie Meadows – Additional Needs Pathway Adviser – Hunts, St Ives, St Neots**

Email: [debbie.meadows@cambridgeshire.gov.uk](mailto:debbie.meadows@cambridgeshire.gov.uk)

Tel: 07780 228036

Debbie covers: Spring Common School, Samuel Pepys School, Riverside Meadows, Cabin at Ernulf, Cambridge Regional College Cambridge Campus

### **Louise Brock – Additional Needs Pathway Adviser – East & Fenland**

Email: [louise.brock@cambridgeshire.gov.uk](mailto:louise.brock@cambridgeshire.gov.uk)

Tel: 07429036941

Louise covers Highfield School, Harbour School, Meadowgate School, Riverside Meadows, Cabin at Witchford, College of West Anglia Isle and Wisbech Campuses.

### **Genevieve Ray – Additional Needs Job Coach – North Cambs**

Email: [genevieve.ray@cambridgeshire.gov.uk](mailto:genevieve.ray@cambridgeshire.gov.uk)

Tel: 07515019662

### **Sean Millar – Additional Needs Job Coach – South Cambs**

Email: [sean.millar@cambridgeshire.gov.uk](mailto:sean.millar@cambridgeshire.gov.uk)

Tel: 07810287093

## Mission statement:

We provide specialist information, advice and guidance around education, employment and training. This enables our children and young people, who have Special Educational Needs, to have access to preparation for adulthood opportunities which allows them to fulfil their individual potential and aspirations.

## Introduction

**This booklet provides basic information about the choices young people will have when they leave school. Educational options are broken down and listed by level. Your son or daughter's school and their Additional Needs Pathway Adviser will be able to advise you which levels to look at. However, please be aware that the colleges will also need to complete their own assessments before confirming which course would be the most appropriate for your young person.**

Information on some of the other key issues that will change for young people over the next few years is also addressed. This includes education transport, care needs, money and benefits. There is also information about what your son or daughter may be able to do when they have completed their education and are ready to move out into the world as adults; whatever level of support they may need to do so.

This document **does not** currently include:

- Options above Level 1 (GCSE at D-G grades)
- Higher Education and related benefits

There is a great deal of information about general options and courses as well as other information on [www.youthoria.org](http://www.youthoria.org)

Please speak to your Additional Needs Pathway Adviser for further information (contact details on p3).

Please note that this booklet gives basic information correct at the time of printing. You are advised to check for details, amendments and updates before making any final decisions. If you would like us to add anything or find something that is inaccurate, please contact a member of the 14- 25 Adulthood Additional Needs Team.

## Moving on – Choices and Options

A young person can leave school on the last Friday in June if they will be 16 by the end of August. However, there is a requirement for all young people to stay in education or training until they are 18. This can include local schools, colleges, training, apprenticeships, and even includes part-time learning where a young person has a job:

- Full-time education at college
- Training – either “work-based” or “foundation learning”.
- Employment – open, supported, or voluntary
- Social Care options: supported living, residential care and community-based day activities – could include day centres, part-time college, social firms, community leisure or sport/fitness activities.

Many young people leaving school move onto full-time FE college programmes, a steppingstone to future options. This gives further time in education to build skills and qualifications and help prepare for work or independent living. It is less common for area special leavers to move straight from school into training or employment.

Many of our area special school leavers will move onto FE college to continue to build on their skills and abilities. Some will do courses aimed at areas of work; some will do general courses, while others will focus on life and independence skills.

If a mainstream FE setting, either within the SEN Department or a mainstream course, cannot meet the needs of your young person you will be supported by the Additional needs Team to explore other/alternative options.

### **Important**

Full-time college is typically 16 hours a week, which is roughly three days a week. Please talk to your Additional Needs Adviser and/or Social Worker on how a young person’s week might look like once they have moved on to further education.

## The Local Offer

All Local Authorities, Schools and Further Education Colleges must publish their local offer. The local offer sets out the provision across education, health and social care for children and young people aged 0-25 with special educational needs and/or disabilities. The local offer will develop overtime and in consultation with parents, carers and young people.

Please visit [www.cambridgeshire.gov.uk/localoffer](http://www.cambridgeshire.gov.uk/localoffer)

## Qualifications and Levels Explained

Schools, colleges and training providers use slightly different terminology when describing levels of achievement and qualifications. A young person usually needs to complete a full level before moving to the next level.

The new GCSE grading structure came into effect in 2017; English Language/Literature and Maths were the first to be graded from 9-1.

Please look at the following link which explains this:

[https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/596393/Grading\\_new\\_GCSEs\\_from\\_2017\\_v4.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/596393/Grading_new_GCSEs_from_2017_v4.pdf)

### School Levels / Qualification Levels

#### Level 3

Level 3 qualifications are: A Level, Access to Higher Education Diploma, Advanced Apprenticeship, Applied General, AS Level, International Baccalaureate Diploma, Level 3 Award, Level 3 Certificate, level 3 Diploma, Level 3 ESOL, Level 3 National certificate, Level 3 National Diploma, Level 3 NVQ, Music Grades 6,7 and 8, Tech Levels (T Levels)

[What qualification levels mean: England, Wales and Northern Ireland - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/596393/Grading_new_GCSEs_from_2017_v4.pdf)

#### Level 2 Qualifications 4 /5 GCSEs at grade 4-9 (old GCSE grade A\*-C)

Schools tend to stop using National Curriculum levels to measure progress at this point.

- GCSE - grades 9, 8, 7, 6, 5, 4 or grades A\*, A, B, C, Intermediate Apprenticeship, Level 2 Award, Level 2 Certificate, Level 2 Diploma, Level 2 ESOL, Level 2 Essential Skills, Level 2 Functional Skills, Level 2 National Certificate, Level 2 National Diploma, Level 2 NVQ, Music Grades 5 and 5, Cambridge Nationals ([Cambridge Nationals \(ocr.org.uk\)](https://www.ocr.org.uk))

#### Level 1 qualifications are:

- First Certificate, GCSE - grades 3, 2, 1 or grades D, E, F, G, Level 1 Award, Level 1 Certificate, Level 1 Diploma, Level 1 ESOL, Level 1 Essential Skills, Level 1 Functional Skills, Level 1 National Vocational Qualification (NVQ), Music Grades 1, 2 and 3, Cambridge Nationals ([Cambridge Nationals \(ocr.org.uk\)](https://www.ocr.org.uk))

**Entry Level** qualifications are available at three sub-levels - 1, 2 and 3. Entry level 3 is the most difficult.

Entry level qualifications are: Entry Level Award, Entry Level Certificate (ELC), Entry Level Diploma, Entry Level English for Speakers of Other Languages (ESOL), Entry Level Essential Skills, Entry Level Functional Skills, Skills for Life

## How do I know the level my son/daughter is working at?

In Annual Reviews of your son or daughter's Education, Health and Care (EHC) Plan and/or at the end of each year in their school report, you will be provided with information about the level your child has achieved in each of the curriculum subjects.

**The majority of students from special schools will be working between the P Scales /Milestones and National Curriculum Level 3 or Entry Level 3. The majority of courses offered by our Area Special Schools are within these levels.**

### **Foundation Learning**

Foundation learning includes all qualifications and courses between Level 1 and Entry Level 1. Within foundation learning courses colleges are more likely to be able to support young people to learn different things at different levels. This means young people get a longer time to work on areas of weakness without it preventing them making progress in the areas they are interested in.

### **Level 1**

These are for young people who have secure maths and English skills and are likely to be able to achieve a full Level 1 qualification, usually within one year, including Maths and English. Most special school leavers would benefit from starting a course within a college's Foundation Learning Provision.

### **Pre-Entry and Entry Level Courses**

These courses are often suitable for young people with learning disabilities. Entry Level 3 courses are also offered as an introduction to some vocational areas and are a good starting point. They are often completed by young people who have achieved some GCSEs at lower grades.

### **\*E1 Achievement Continuum**

The qualifications have been developed for learners, working between P Levels/Milestones 1-8 and Entry 1, to have their achievements recognised within a qualification framework. Schools should continue to assess pupils using P scales 1-4 in 2018/19 and 2019/20. P scales 5-8 have been replaced by the pre-key stage standards for KS1 and KS2. They can be undertaken in schools, colleges, residential centers, training providers and independent provision.

This tool allows providers to report achievement against the 10 stage Entry 1 achievement continuum. This continuum allows learners to demonstrate very small steps of progress and enables providers to differentiate between the levels of achievement of learners working within and below Entry 1.

## College Courses

### Cambridge Regional College – Incorporating Cambridge and Huntingdon Campuses.

#### Department of Supported Learning

All courses will be on offer at both campuses, but the animals are at Huntingdon, so Cambridge animal care will have a morning at Huntingdon campus and a morning at a partner farm.

#### **Vocational Level 1 Pathways**

- Entry 3 Catering and Hospitality – (based at Cambridge campus and St John’s College Cambridge), minimum age 18 years.
- Entry 3 to Level 1 Animal Care
- Level 1 Horticulture and land-based studies
- Entry 3 and Level 1 introduction to business and Retail.

#### **Entry 3**

Archway – 1 year pathway.

#### **Entry Level 1 to Entry Level 2**

- Aspire - 1- or 2-year pathway.
- Preparation for Independence -1- or 2-year pathway.

#### **Pre-Entry to Entry Level 1**

- Learning for Life (Full-time). 1-, 2- or 3-year pathway.

#### **Gateway to Improving Choice**

- Aimed at young people aged 16-24 who have a variety of complex needs.
- Uniquely built around the learner, their needs and their plans for the future.

#### **Options**

- Specifically for young people aged 16-24 with mental health issues who need a supportive and therapeutic pathway.
- Learners will undertake a Level 1 qualification as well as Maths and English.
- Options Part Time phased introduction to college. This is for students who can access Options but have not built up the social confidence and resilience for full time learning.

#### **Adult for All**

Aimed at people aged 19+, includes creative skills – music, art, drama, cooking, ICT, horticulture and volunteering skills for employment.

Sessions run 9am-3pm

Cambridge Campus:

Monday am – Preparing for Voluntary Work

Monday pm – Art for All

Monday all day- Green Team for All

Wednesday all day – Green Team for All

Thursday am – Music for All

Thursday pm – Social Skills for All

Friday am – Craft for All

Friday pm – Home and Cooking Skills for All

Huntingdon Campus:

Monday am – Art for All

Monday pm - Home and Cooking Skills for All

Tuesday all day Green Team for All

Wednesday am – Music for All

Wednesday pm – ICT for All

Thursday all day – Green Team for All

Friday all day- Green Team for All

- Not enrolled on an existing full-time programme.
- Not achieved a Level 1 diploma or above.
- £70 registration fee, additional cost of £90 for cooking, to cover the cost of ingredients.

No Funding:

- £450 per session
- £70 registration fee, additional cost of £90 for cooking, to cover the cost of ingredients.



## **Supported Internship**

This is a finishing pathway for learners from Archway or one of the vocational pathways. Introduction to supported internships is for young people leaving our Aspire or Preparation to Independence pathways.

### **Level 1 – Cambridge Campus**

- Art & Design - Certificate/Diploma
- Beauty Therapy – Diploma
- Bricklaying – Diploma
- Caring for Children - CACHE
- Carpentry & Joinery - Diploma
- Construction – Multi skills
- Cookery & Hospitality, Professional – Diploma
- Creative Media Production – Certificate / Diploma
- Electrical Installations - Building Services Studies
- Engineering , Performing Operations - Certificate
- Hair – Diploma
- Hairdressing & Beauty Therapy – Introduction
- Health & Social Care, Introduction - CACHE
- Hospitality Industry, Introduction - Certificate
- IT Users – City & Guilds
- Painting & Decorating – Diploma
- Plumbing & Heating – Building Services Studies
- Sport and Active Leisure – Diploma
- Vehicle Maintenance & Repair - Diploma

### **Level 1 – Huntingdon Campus**

- Art & Design
- Beauty Therapy
- Caring for Children
- Construction: Multi-trade
- Electrical technology
- Engineering
- Hairdressing
- Motor Vehicle
- Site Carpentry

CRC are trialling an Introduction to Internships programme at Huntingdon this year for those students who may never get into world of work or on a Supported Internship programme but want to learn about employability skills.

College Contacts :

**General enquires:** Alison Goold – [agoold@camre.ac.uk](mailto:agoold@camre.ac.uk)

**Huntingdon enquiries:** Julie Shorter [jshorter@camre.ac.uk](mailto:jshorter@camre.ac.uk)

**Cambridge enquiries:** Theodora Dermitzakis [tdermitzakis@camre.ac.uk](mailto:tdermitzakis@camre.ac.uk)

## **College of West Anglia (CoWA)**

### **Bridge Courses**

The Foundation department has four Bridges, designed to help learners make their next steps into adulthood:

#### *Bridge to Independence*

- [Finding Independence - Entry Level 1](#) – King's Lynn
- [Developing Independence - Entry Level 1](#) – King's Lynn
- [Moving on to Independence - Entry Level 3](#) – King's Lynn and Wisbech
- [Becoming Independent - Entry Level 2](#) – King's Lynn

#### *Bridge to Education*

- [Bridge to Education - Entry Level 3](#) – King's Lynn and Wisbech
- [Bridge to Art & Design - Level 1](#) – King's Lynn
- [Bridge to Sport - Entry Level 3](#) – King's Lynn
- Bridge to Animal Care – Entry Level-3 Wisbech

#### *Bridge to Employment*

- [Developing Workskills - Entry Level 3 / Level 1](#) – King's Lynn
- [Supported Internship @QEH](#) – King's Lynn
- 'Coming soon' Supported Internship @CWA- Kings Lynn

#### *Bridge to Engagement*

- [Developing Engagement - Entry Level 3](#) – Providence Street
- [Engagement and Progression - Level 1](#) – Providence Street

Providence Street is an external site in King's Lynn offering specialised and separate provision for students not able to access the college's main site

### **Hummingbird** - King's Lynn, Wisbech and Cambridge

Hummingbird is an individualised flexible learning programme designed to meet the specific needs of students who would otherwise be unable to access a college course. This course will only be offered to individual applicants where there is no suitable alternative programme available or to an existing student whose additional needs are such that they are not able to access their current course. The Hummingbird Programme is a one-year course which is preparing students for:

- A full-time college courses
- An exit course from college with experience in their vocational subject
- A learning experience that we are unable to provide any other way, and which helps to prevent a young person from becoming NEET

### **Fresh Start** Entry Level, Level 1 & Level 2 – King's Lynn and Wisbech

The Fresh Start programme creates a supportive and positive learning environment which is intended to develop study skills, as well as raise attainment and self-confidence. You will work towards a City & Guilds qualification in Employment Skills and successful students can progress throughout the year, from Entry Level through to Level 2. Throughout the course you'll develop valuable life, communication, study and employability skills while also working on your English and maths.

Fresh Start is suitable for many, including those who:

- have been out of education and wish to restart their learning journey at CWA.
- didn't quite get the GCSE results they expected
- find the thought of big classes daunting
- aren't enjoying their current course and want to try something else

## King's Lynn Campus

### Level 1

- Brickwork
- Business & Tourism
- Care and Childhood Studies
- Carpentry & Joinery
- Computing
- Hairdressing
- Hospitality
- Introduction to Motor Vehicle and Engineering
- Plumbing
- Professional Cookery
- Public Protective Services

### **Sports Campus**

- Sport & Leisure Instructor

## Wisbech Campus

### Entry Level

- Introduction to Animal Care\*

### Level 1

- Animal Care
- Brickwork
- Care and Childhood Studies
- Carpentry & Joinery
- Computing
- Hairdressing
- Hospitality
- Introduction to Motor Vehicle and Engineering
- Painting & Decorating

## Cambridge Campus

### Entry Level

- Introduction to Animal Care\*

### Level 1

- Animal Care

### **\*Introduction to Animal Care - Entry Level**

Cambridge and Wisbech

A course providing the progression pathways for learners who have yet to achieve the required grades to study fully and independently in their chosen vocational area.

Course content includes:

- Preparing for work
- Poultry
- Animal care
- Some farm animals

## **Bedford College** **(Caudwell Street)**

### **Foundation Skills programme**

If you have just left school and have a learning difficulty or need extra support to help you improve your prospects and progress to further study or a career, this flexible programme will enable you to choose a range of subjects that best suit your individual needs and interests. This course is specifically designed for 16–18-year-olds.

#### **Entry requirements**

You do not need any qualifications or experience to start this course, but you must have evidence of good attendance at school.

#### **Course content**

During this course you can study a variety of topics depending on your ability and long-term aims, including:

- English and maths
- Community
- Independent living skills
- Enterprise
- Tutorial and PSHE
- Work preparation
- Undertake a supported work placement arranged by our dedicated Employment Co-ordinator
- Access a vocational option that includes Art & Media, Childcare/Health & Social Care, Motor Vehicle and Animal care. However, the Vocational Options may vary each year.

#### **Assessment methods**

Most subjects are continually assessed and you will need to keep a portfolio of your work, which will be examined by external verifiers.

#### **Further study and career options**

This course will significantly increase your options and you may go on to work-based training or continue your education/training at Bedford College

#### **Additional information**

This is a full-time course which runs over three years, dependent upon your ability level upon entry. The course starts in September of each year and you will need to attend college four days a week. To take part in this course you will be required to pay a fee of £30 towards any trips

## **Bedford and Shuttleworth College**

### **Level 2**

A range of full-time level 2 programmes are offered at the Bedford and Shuttleworth Campuses, with land-based options available at our Shuttleworth Campus. Level 2 programmes are one or two years in duration.

## **City College Peterborough**

### **Study Programme**

Study Programmes are designed to help you study and achieve a vocational qualification, up to Level 2 and a recognised qualification in English and Maths. City College Peterborough offer various practical work-based vocational courses or relevant qualifications to study whilst you decide what career path you would like to follow.

The College will organize meaningful work experience related to your chosen vocational area to help you develop your employability skills and create potential employment options. Your programme of study will include Functional Skills English and Maths (Levels range from entry level 1 to level 2) 1and Citizenship.

- Achievement of a Recognised Qualification – if appropriate
- Functional Skills Maths and English or GCSE English and Maths where grade D/3 has been achieved
- Relevant Work Experience
- We can offer Supported Internship for learner ready to step into workplace.
- ICE 1:1 bespoke options available to fit individual needs

### **Level 1, Vocational Pathways**

Animal Care (Entry Level and Level 1)

Business Administration (Entry Level & Level 1 and 2)

Childcare (Level 1 and 2)

Hairdressing (Level 1 and 2)

Health and Social Care (Level 1,2 and 3 as well as T Levels)

Hospitality and Catering (Level 1 and 2)

ICT

Motor Vehicle (Entry Level & Level 1 and 2)

Skills for Creative Industries (Level 1 and 2 portfolio)

Step Up (Aim Award accredited)

### **Other Courses**

GAP (Getting Ahead in Peterborough)

Supported Internships

### **Step Out**

Unaccredited – designed for those that have come to their last year with the college that need support into either work or day services.

### **ICE**

Built with those in mind that may have been out of education for a while, have significant difficulties around education or have significant needs that need support reintegrating into a mainstream provision.

### **Supported Internship**

If you are aged 16-24 and have an Education, Health and Care Plan (EHCP) then our Supported Internship is designed to prepare you for a range of work opportunities. Our supportive teachers and job coaches will help you to develop your confidence, independence, employability and work skills.

Email: [SPRecruitment@citycollegepeterborough.ac.uk](mailto:SPRecruitment@citycollegepeterborough.ac.uk)

### **Entry Level 1, 2 and 3**

Step Up (Aim Award accredited)

Skills for Independence (designed to build your confidence, self -esteem and independence)

Occupational Studies (Accredited with NCFE)

ESOL

### **Pre-Entry**

Skills for Independence (designed to build your confidence, self -esteem and independence)

ESOL

## **Peterborough Regional College**

### **Level 1**

Accelerate & Accumulate – Sept / Nov /Jan start

Applied Science

Animal Care

Art & Design

Beauty Pathway – Introduction to the Hair & Beauty Sector

Bricklaying

Business

Carpentry & Joinery

Certificate in Food Preparation and Cooking

Certificate in food Preparation and Cooking

Electrical Installations

Engineering

Entry to Uniformed Services

Hairdressing

Hairdressing & Barbering

Introduction to Health, Social Care, Children and Young People's Settings

IT

Introductory Certificate in Digital Media

Light Vehicle Maintenance

Performing Arts

Plumbing

Sport & Leisure

Travel and Tourism

### **Pre-Entry and Entry Levels**

Accelerate and Accumulate Sept

Accelerate & Accumulate Oct

Within our Inclusive Learning Department join us on a course leading towards the following pathways:

- Towards employment
- Towards developing Independent Living Skills
- Or progression onto further study on a mainstream programme

These courses are:

- Personal Social Development
- Employability
- Towards Vocational
- Progression

### **Entry Level 3**

Care including Childcare, Health and Social Care

Skills for Hospitality and Catering

Introduction to Vehicle Technology

### **Supported Internships**

Contact Ewan Morton / Toni Eagle

[Ewan.morton@peterborough.ac.uk](mailto:Ewan.morton@peterborough.ac.uk)

[Toni.eagle@peterborough.ac.uk](mailto:Toni.eagle@peterborough.ac.uk)

Tel: 01733 762191

Web: <https://www.peterborough.ac.uk/course/ENXSINA8F/supported-internship/>

## **Stamford New College**

### **Skills for Work and Living**

Our independent skills centre provides a discrete and highly effective provision for students with learning difficulties and/or disabilities, offering first-class education delivered by dedicated teams of specialist and experienced staff.

Students study in our two specially adapted houses with newly built classrooms, a large greenhouse, a small outdoor sports area, gardens and a chicken run, where they gain the opportunity to engage in a range of learning to develop their independence and vocational work skills. Students can also start with, or progress to, Pathways where they attend classes in the main College environment preparing them for mainstream courses.

## Foundation Learning in School Sixth Forms

### Area Special Schools

If your son/daughter is an existing student at an area special school, you will have an opportunity to discuss the options available to your son/daughter at their review.

If your son/daughter does not currently attend an area special school, then consideration for a post-16 place will be through the Annual Review of the EHC Plan.

### Castle School Post 16

Castle School, Courtney Way, Cambridge, CB4 2EE

Tel: 01223 442400

Email: [head@castle.cambs.sch.uk](mailto:head@castle.cambs.sch.uk)

Castle 6th Form focuses on developing independence and resilience. The curriculum is based both at school and in the local community. There is a strong focus on the Preparation for adulthood areas of: Employment, Independent living, Friends, Relationships, and community and Good Health. Learning is built around 3 accreditation pathways that are based on pupil need. These are used to create individualised learning programmes with opportunities for personal development that can flow across the three pathways. Students have the opportunity to stay at the school for 2 or 3 years depending upon the path they choose, or which is most suitable for them.

**Pathway 1:** Equals Moving On For Learners within Entry 1. This is a Sensory/Therapeutic programme tailored to individual needs. Units are within the areas of

**Functional skills:** Numeracy/ Communication/ ICT

**Units of work:** World Studies, Independent Living, Vocational Studies

**Pathway 2:** Life and Living Skills: and or Moving On for learners within Entry 1 and 2. This offers a range of units which can be selected to suit the particular needs and interests of the learner, these may focus on the following areas: Communication, Maths, ICT, PSHE, Humanities, Drama, Art, Music, Work Related Learning, Home Management and Leisure.

**Pathway 3:** Entry Level and Functional Skills for learners within Entry 1 to 3 and beyond. This is based on a range of qualifications in academic and vocational areas which may include: Functional skills English, Maths, OCR Life and Living units, GCSE Art, Sports Leaders, First Aid.

**Pathway 3:** We offer a programme that starts with school-based learning focusing upon, enterprise, services and products. Students then have the opportunity to attend supported group placements at venues such as the school shop, Emmaus, Phoenix Trust, Paxton Pits, Snake Hall Farm and Darwin Nurseries in a Carousel. Students who are able to work independently are offered individual placements on a weekly basis across the academic year.

**College Links:** These currently take place at Cambridge Regional Collage, both the Cambridge and Huntingdon Campus, which develops independence skills and supports the transition process.

All students have the opportunity to participate in the following: Duke of Edinburgh Award, National Citizens Service (NCS), Community access and independent travel training, including driving at Alconbury, Bespoke transition planning for opportunities post 6<sup>th</sup> Form (education / social care).

## **Centre School 6<sup>th</sup> Form**

High Street, Cottenham, Cambridge, CB24 8UA

Telephone: 01954 288 789

Email: [office@astreacentreschool.org](mailto:office@astreacentreschool.org)

The Centre School Sixth Form focuses on developing confident individuals and responsible citizens. The overarching values that envelope and implement our curriculum is the belief that every child can overcome their barriers to learning, gain the confidence and skills needed for the future, be challenged and grow from their experience.

**Placements into The Centre School Sixth Form need to be agreed via the County Resourcing Panel. You will need to request the placement in your son/daughter's year 11 annual review.**

All our pupils benefit from a programme of study that is based around their need and readiness. Pupils attending The Centre School Sixth form engage in a personalised but broad curriculum. They can opt for a range of qualifications ranging from Functional Skills to GCSE:

- GCSE English / Maths
- FS English / Maths
- Btec Sports
- Btec Construction
- Btec Public Services
- Btec Art
- Btec Cooking
- Extended Curriculum
- Gateway English / Maths

All pupils are provided opportunities to experience learning beyond the classroom such as fishing or cooking. Our careers and work experience strategy allow eligible pupils to have the opportunity to explore a range of working environments and contexts, develop the social and practical skills to enter the workforce or gain an apprenticeship.

## **Granta School 6<sup>th</sup> Form**

Cambridge Road, Linton, Cambridge, CB21 4JB

Tel: 01223 896890. Email: [office@granta.cambs.sch.uk](mailto:office@granta.cambs.sch.uk)

- Transition is at the heart of the post-16 curriculum, and we strive to provide an individualised learning pathway in line with the Foundation Learning Tier whilst preparing students for their unique post-19 destinations.
- We offer a curriculum that has individual pathways running throughout, ensuring a range of interventions to provide CEIAG, building on knowledge taught at each key stage.
- Our range of subjects and learning experiences are aimed to develop transferable skills, extending learning outside the classroom.
- Students in 6<sup>th</sup> form are highly involved in charity and community events to develop a range of skills, knowledge and experience which are transferable to the world of work.
- Our learning packages are flexible and designed with the student's thoughts and ideas in mind, suiting their own needs. We therefore strive to offer our students social, work and learning opportunities and experiences that enable them to grow into confident young people.



- Blended learning takes place at Granta School, Local Colleges (Cambridge Regional College and Saffron Walden County High Farm – currently not able to offer SW Farm).
- We offer an evolved and bespoke work experience programme (currently unable to offer due to covid) with opportunities to gain a variety of vocational opportunities as well as relevant qualifications. This is an important part of our study programme in 6<sup>th</sup> form providing a linked-up approach with the Vocational Profiles and EHC Plan outcomes under the Preparation for Adulthood remit.
- We offer our students the opportunity to undertake high quality and meaningful work experience as part of their post 16 education. We have links and offer placements with Prospects Trust, Rowan, Ickworth Park, Audley End, REACH Foodbank, Linton Zoo, Addenbrookes café, Abington Woods and local businesses and garden centres. These experiences give the students the opportunity to enhance the skills developed within the school environment.
- During year 14 students attend a local college programme as part of their transition, which prepares them for the next step into further education, whilst developing new skills, knowledge and also experience being in a new setting. We have close college links with CRC and West Suffolk College Bury.
  - ASDAN Personal Progress Life and Living Skills Entry 1,2 & 3
  - Duke of Edinburgh Award – Bronze, Silver and Gold
  - Functional Skills: Maths, English and ICT
  - Young Sports Leaders Award
  - BTEC Level 1 & 2 Home Cooking course.
  - AQA PSD, Horticulture & Enterprise
  - WRL and Enterprise sessions
  - Enterprise stall
  - 6<sup>th</sup> form garden with polytunnel, raised beds, fruit garden and orchard
  - Small animal care course
  - Sensory/Victoria Curriculum
  - Opportunities for Link courses with CRC
  - College links 1 morning per week
  - Volunteering opportunities
  - Community access and independent travel training
  - Opportunities for work experience with local businesses and social firms.

We are also hoping to open our offsite 6th form provision 'Granta Hive' for our formal pathway 6th form students sometime this academic year.

### **Highfield Ely Academy**

Downham Road, Ely, Cambs, CB6 1BD, Tel: 01353 662085,

Email: [office@highfield.cambs.sch.uk](mailto:office@highfield.cambs.sch.uk)

Highfield Ely Academy operates a small, individualised 6th form focusing on students with sensory needs. There are three educational pathways (blue, green, yellow) within the school which focus on the individual learning styles of the students.

The blue/green pathways are more sensory based and focus on the EHCP targets set within the areas of My Communication, My Body, My Thinking, My Social Development and My Independence.

Highfield's focus is on giving our students functional real-life based learning opportunities to develop and build skills that will prepare our students for a life after school.

- Duchess of Ely Award – Captain Cook, Drake, Shackleton
- AQA Entry Level English and Mathematics
- Preparation for work courses
- Community access and independent travel training
- Sensory/therapeutic curriculum tailored to individual needs
- Transition planning tailored for individuals with complex needs
- Access to local sports and leisure facilities
- Personal and social development is an integral part of our Post 16 offer and includes sex and relationships education and e-safety awareness
- Transition planning for students leaving school, including a Moving On event and access to local colleges and social care provision in line with student's transition plans
- Opportunities for work experience with local businesses and social firms
- Work related learning and enterprise opportunities including food related enterprise, car washing and creative enterprise
- Annual residential trips

## **LINC19-25**

Highfield Ely Academy, Downham Road, Ely, CB6 1BD

Tel: [01353 662085](tel:01353662085)

LINC19-25 is designed to meet the needs of young adults with PMLD or low functioning SLD. LINC19-25 meets its adults' needs by providing a personalised curriculum which incorporates therapy services such as Occupational Therapy, Physiotherapy, Hydrotherapy and Music Therapy as appropriate.

We have a number of on-site facilities to support the learning and needs of our young adults:

- sensory hydrotherapy pool
- over-head tracking systems in all learning environments
- dedicated changing rooms
- access to specialist services such as Physiotherapy and Occupational Therapy
- sensory garden
- horticultural area
- adapted kitchen and flat for lifelong learning activities
- sports facilities
- minibuss to allow for community activities and visits

We set short term learning outcomes for our adults based on their EHCP's and track their progress against these. Learners will also follow the accredited ASDAN course "Life skills Challenge". They receive certification for the challenges they complete at the end of each academic year.

## **Meadowgate Academy Post 16, Special School**

Wisbech, Cambs. PE13 2JH. Tel: 01945 461836

Email: [office@meadowgate.cambs.sch.uk](mailto:office@meadowgate.cambs.sch.uk)

Meadowgate School's Sixth Form works on 3 distinct years, building skills with a focus on generalising and applying those skills to adult life. Students benefit from programmes of study based around their individual needs. Our PMLD students have access to the school's light room, hydrotherapy pool and technology base to focus on building their skills in communication, social, motor and cognition. Our ASD students follow an individualised timetable using the TTAP system to build a personal profile of their vocational skills.

### **In Year 12 students study:**

- OCR Life and Living Skills (Communication, numeracy, ICT and PSD)
- Weekly life skills sessions, domestic tasks, art and design, plus food technology accredited through OCR Life and Living Skills.
- Community based work incorporating road safety awareness.

### **In Year 13 students study:**

- OCR Life and Living Skills (Communication, numeracy, ICT and PSD), aiming for a Diploma at EL1 – 3.
- Functional Skills English and Maths at EL1.
- Take part in a work experience placement.
- Weekly vocational taster session in preparation for their choice in Yr14.
- Weekly enterprise session to experience running their own business.
- Community based work incorporating independent travel and public transport.

### **In Year 14 students chose a vocational option**

Motor Mechanics, Hospitality or Horticulture, taught in purpose-built units which replicate a working environment. The hospitality option is housed in Bramley's coffee shop which is open to staff, parents and community groups.

Vocational qualifications offered include:

- IMI Award Introduction to Automotive Maintenance and Repair at Entry Level 3
- RHS Introductory Award in Practical Horticulture Level 1
- BTEC Introductory Level 1 in Hospitality and Tourism
- AQA Unit awards scheme
- In the afternoons, students study Functional Skills which is offered at EL1 – Level 2.

All students have the opportunity to participate in:

- National Citizen Scheme
- Work Experience
- Curriculum enrichment learning days
- Supervised overnight stays in the life skills bungalow
- Bespoke transition planning for opportunities Post- Sixth Form for both education and social care.

## **Samuel Pepys School**

Post 16, Samuel Pepys School, Cromwell Road, St Neots, Huntingdon, Cambs, PE19 2EZ.

Tel: 01480 375012,

Email: [office@samuelpepys.cambs.sch.uk](mailto:office@samuelpepys.cambs.sch.uk)

The Preparation for Adulthood (Post 16) classes are based in part of the Bargroves building, a separate building situated on the main school site with access to specialist resources including a hydrotherapy pool, multi-sensory interactive learning environment (MILE) and Literacy Lounge as well as areas specifically used by the PFA students including a cafe area, fitness suite and outdoor play area.

The 'Aim High' curriculum offered in PFA is based upon individual student needs and interests and focuses on learning functional and transferable skills for life, linked to the young people's outcomes and targets on their EHCPs.

The PFA curriculum offers a breadth of opportunities including using numeracy, literacy and IT in functional settings to develop and transfer skills in preparation for life beyond school

- Sensory learning opportunities, including access to a sensory room and adapted IT
- Access to local sports and leisure facilities including One Leisure, Gym, Bowling, Hydrotherapy pool
- Community Access and supported and independent travel opportunities, including driving at Alconbury and using a wheelchair accessible minibus and public transport
- Outdoor learning opportunities including horticulture and Forest Schools activities and adventurous activities
- Personal and social development including relationships and sex education and e-safety awareness.
- Transition planning including an annual Moving On event and access to local colleges, education providers and social care provision in line with student's Transition Plans. We work closely with the Additional Needs Pathway Adviser
- Vocational and Work Experience opportunities in-house and in the local community
- Work Related Learning and Enterprise opportunities including Food Technology and Creative Enterprise.
- Therapeutic support such as Speech and Language and Physiotherapy continue in line with the needs set out in the student's EHCP
- The Duke of Edinburgh Award Scheme offers opportunities for students to gain communication, team building and problem-solving skills
- Student's learning can be accredited through OCR Life and Living Skills, Pearson Functional Skills at levels appropriate to their needs and interests

## **Specialist Post-16 Provision (SPP) at Impington Village College**

New Road, Impington, Cambridge, CB24 9LX

Tel: 01223 200400 Ext 3249/3201

Email: [jgriffiths@ivc.tmet.org.uk](mailto:jgriffiths@ivc.tmet.org.uk) or [zlander@ivc.tmet.org.uk](mailto:zlander@ivc.tmet.org.uk) or [send@ivc.tmet.org.uk](mailto:send@ivc.tmet.org.uk)

The Specialist Post 16 Provision is a 2-year full-time course for post 16 students who have an Education, Health and Care Plan. Placements on the course need to be agreed via the County Resourcing Panel. You will need to request the placement in your son/daughter's year 11 annual review.

The course is targeted towards young people who are working towards Entry Level/Level 1 qualifications, independence, and the acquisition of key life skills through the courses offered. Students will study/experience:

Work and employability skills (including ICT and enterprise)  
Weekly Enrichment Experience (iCAS – Impington Creativity Activity Service).  
Tutor time  
PE and swimming  
Community access and independent travel  
Independent leisure/study time  
English (Step- Up or GCSE English Language)  
Maths (Entry Level or GCSE)  
ASDAN Personal and Social Development (Entry Level 3)  
BTEC Work Skills (Entry Level 3)  
BTEC Vocational Studies (Level 1)  
BTEC Teamwork and Personal Skills in the Community (Level 1)  
Two option choices (see below) to contribute towards the BTECs above.

#### **Options choices**

All students will choose from two of the following options;

Art & Design  
Catering/hospitality  
Sports and active leisure  
Performing Arts

## **Spring Common Academy School Post 16**

Spring Common Academy, American Lane, Huntingdon, Cambs, PE29 1TQ.

Tel: 01480 377403

Email: [office@springcommon.cambs.sch.uk](mailto:office@springcommon.cambs.sch.uk) [www.springcommon.cambs.sch.uk](http://www.springcommon.cambs.sch.uk)

‘Entry requirements to SCA Post 16 provision: to  
be working below ELC3 in Literacy and  
Numeracy’

#### **Entry Levels 1-3**

- Functional Skills Accreditation through ASDAN Life skills Challenges in Math’s, English, ICT.
- College Links Programme one day a week on Fridays at HRC- Construction Multi Skills, Retail Experience, Creative Media, Music, Child Care, and ICT.  
Work Experience and Voluntary Work-One day a week placement–Conservation Work at Nature Reserve plus 10 days or more in an individualised bespoke placement.
- Work Related Learning and Enterprise Course including Retail, Catering and Horticulture.
- ASDAN Life skills Challenge accreditations Pre-Entry level up to Entry level 3- Linked to Preparing for Adulthood outcomes: Employment, Independent Living, Community Inclusion and Health.

- Opportunities for short vocational courses (e.g First Aid Qualification)  
Community Access and Independent Travel Training.
- Students working at Pre-Entry levels– Entry 1 have a personalised curriculum which includes:
  - ASDAN LifeSkillsChallenge Modules-range of curriculum areas
  - Work related learning and enterprise skills including weekly experience of retail and functional skills in school shop/horticulture in Poly tunnel and termly fundraising events.
  - Community Access and participation
  - Sensory/Therapeutic Curriculum tailored to individual needs

Transition Planning tailored for individuals with complex needs eg bespoke College Link or Social care provision

## **Cambridgeshire Skills** **(Cambridgeshire County Council)**

Come along to **March Community Centre, 34 Station Road, March. PE15 8LE** to speak to a member of our team about opportunities  
**Or contact us on 01353 613013 or by email at [cambials@cambridgeshire.gov.uk](mailto:cambials@cambridgeshire.gov.uk)**

**Move on UP** - Supported learning programmes for adults with learning disabilities, difficulties, and autism.

Courses designed to help you to develop your social skills, communication, confidence, independence, and vocational skills. Work with a tutor to explore your ideas for life and for work readiness. Our friendly and experienced tutors will assess you before you start so you are enrolled on the right level of course for you.

### **Entry Levels – Level 2 options.**

- Independence, Employability and Enterprise
- English, math, ESOL and digital skills for life and work.
- Customer Service, Retail and Horticulture.

All of our courses embed confidence, independence and basic skills.

## Other Learning, Training and Volunteering Opportunities

### Bespoke Educational Package

If a young person's educational needs cannot be met by in county specialist provision, then we can look at creating a bespoke package which may include a blend of learning delivered by more than one alternative provider. This is subject to the individual's circumstances and will have to be approved by the Local Authority.

### Specialist Independent College Provision

If, and only if, a young person's educational needs are so complex that they cannot be met locally on existing courses or through a bespoke education package (and we have enough evidence to prove this), an application can be made for funding for a specialist residential college out of county. Funding for out of county provision has to be agreed by the Local Authority through a formal panel submission process.

It is expected that the needs of the majority of young people will be met through local Further Education provision. However, if this is not possible, consideration for placement at an independent specialist provision may be explored by the Local Authority. For further information regarding this process please contact your Special Educational Needs Casework Officer.

## Social Enterprises and other inclusive organisations

**Please note that funding for these opportunities may not always be through education. Please speak to your Additional Needs Pathway Adviser or Social Worker for information on eligibility and funding.**

For young people, attendance may be funded through education as part of a bespoke package. For adults, attendance is normally funded by social care or from a person's own benefits.

There are a number of organisations within Cambridgeshire set up by partnerships involving charities, local colleges and businesses. They provide vocational training and work-related activities for people with some sort of disability or disadvantage. Accreditations for young people are offered at entry levels 1-3 in vocational and life skills.

Training opportunities range from cycle repair to catering, horticultural, IT, arts, crafts and ceramics, drama and performance, retail, printing, music technology, music, woodwork, recycling and customer service skills. The learning opportunities include social skills and personal development, independent living, portfolio building and careers advice and guidance.

It is possible to work towards nationally recognised qualifications. Help will then be provided to move on to a different learning or work opportunity, paid or voluntary as appropriate.

## **Branching Out (Littleport) –Day Opportunities for individuals with learning disabilities**

27 Grange Lane, Littleport, Ely, Cambridgeshire. CB6 1HW. Tel: 01353 863221

Branching Out support adults with learning disabilities in a variety of work-based activities planned using coproduction with everyone who attends service. Work based activities vary throughout the year and are planned to incorporate individuals wishes.

For further information contact [admin@branchingoutuk.com](mailto:admin@branchingoutuk.com) or visit [www.facebook.com/TheBranchingOut](http://www.facebook.com/TheBranchingOut)

## **Burwell Community Print – Print finishing service**

The Causeway, Burwell, Cambridge. CB25 0DU.

Tel: 01638 613102

Email:Jo@burwellprint.co.uk

Web: www.burwellprint.co.uk

Burwell Print has been established for 30 years. We support 30 adults with learning disabilities and people attend for one or two days each week. We provide real work experience and training across all aspects of the organisation including the use of print and print finishing machines and equipment, reception duties, customer service and the publicity and promotion of Burwell Print. The fees are currently £47.76 per day.

For more information, including fees, or to arrange a visit please contact Jo Graham-Thompson on 01638-613102 or email Jo@burwellprint.co.uk

## **Cambridge Community Arts**

Tel: 07763 280029

Email: [admin@camcommarts.org.uk](mailto:admin@camcommarts.org.uk)

CCA offers a range of courses in the community. Develop creative skills, gain confidence, improve social skills, have fun and make friends. Work is in small friendly groups on no more than 10 learners. These are facilitated by experienced artists, musicians, actors etc. Courses are held in various Community settings. Learners must be 19+. Courses are part-time.

Short Courses: CCA offer 8-week courses (3 hours/week) in partnership with Cambridge Regional College in a variety of art forms.

Long Courses: CCA offers 1 year part-time courses (3 hours/week) in partnership with Cambridge Regional College that can lead to Level 2 Certificate in Skills for Working in the Creative & Design Industries.

**Learners must be 19+ (must turn 19 before the start of the academic year, 31 August 2022)**

Contact details: Apply for a course on the CCA website or phone. Tel 07763280029. Email [admin@camcommarts.org.uk](mailto:admin@camcommarts.org.uk). For more information visit the Cambridge Community Arts website ([www.camcommarts.org.uk](http://www.camcommarts.org.uk)) or visit their Facebook page ([www.facebook.com/cambridgecommunityarts](http://www.facebook.com/cambridgecommunityarts)).



## **EAQ (Equine Assisted Qualifications) Ltd**

Sessions available at Cambridge EAL, Cottenham (Tel: 07920 804907)

[www.eaqapproved.com](http://www.eaqapproved.com)

Tel: 01747 828150

EAQ is recognised as an alternative education provider and offers experiential equine assisted learning in the natural outdoor environment with horses and other animals. Specially trained facilitators lead the sessions for 16–25-year-olds in a way which is non-judgmental and tailored to meet the needs of each individual. There is a focus on developing skills for employment, communication, self-directed learning, independence, self-esteem, and resilience. The team are experienced at working with people on the autism spectrum as well as those with complex social, emotional and behavioural needs.

National qualifications include:

- Level 1 Award in Skills for Professions in Animal Care
- Level 1 Certificate in Skills for Professions in Animal Care
- Entry 3 Award in Progression
- Entry 3 Certificate in Progression
- Level 1 & 2 Award in Progression
- Level 1 & 2 Certificate in Progression
- Level 1 & 2 Diploma in Progression
- Level 1 & 2 Award in Employability
- Level 1 & 2 Certificate in Employability

## **Camtrust (Impington)**

22 Cambridge Road, Impington, Cambridge CB24 9NU.

Tel: 01223 236786

Email: [info@camtrust.co.uk](mailto:info@camtrust.co.uk) Web: [www.camtrust.co.uk](http://www.camtrust.co.uk)

Camtrust is a Cambridge Charity specialising in life skills for adults with physical disabilities and learning difficulties. They have a wide range of programmes and activities teaching skills for independent living, helping clients to feel confident in their abilities and reach their potential. The caring and inclusive environment allows clients to feel secure and build lasting friendships. As well as the weekly programme, clients take part in trips, workshops and community activities. Specialist equipment is available, and the premises are fully accessible and wheel-chair friendly.

The charity offers:

CORE SKILLS IT Maths and Literacy,

INDEPENDENT LIVING SKILLS travel safety, internet safety, budgeting, shopping, cooking, baking

SOCIAL SKILLS AND WELLBEING lunch club, arts and crafts, gardening, outings, group activities: workplace skills work experience in the community, bike refurbishment and repairs, community coffee mornings.

For more information or to arrange a taster session contact [info@camtrust.co.uk](mailto:info@camtrust.co.uk) or call 01223 236786

[www.camtrust.co.uk](http://www.camtrust.co.uk) Facebook - Camtrust, Twitter - @CamtrustC

## **Darwin Nurseries (Teversham)**

Darwin Nurseries, 5 Quy Water, Newmarket Road, Teversham, Cambs CB1 9AT

Tel: 01223 293911

Email: [Darwin.Nurseries@cpft.nhs.uk](mailto:Darwin.Nurseries@cpft.nhs.uk)

Darwin Nurseries provides opportunities for adults with learning disabilities to experience working in a supportive therapeutic environment.

There are a wide range of activities on offer including, working in the Farm shop, growing plants and vegetables, looking after the animals, making preserves, harvesting, and preparing crops for sale.

Web site: [www.cpft.nhs.uk.Darwinnursery](http://www.cpft.nhs.uk.Darwinnursery)

## **Eddie's**

Suite G10 & G11, Blenheim House, Cambridge Innovation Park, Denny End Road, Waterbeach, Cambridge, CB25 9GL

Tel: 01223 883130

An award winning local charity, supporting children, young people, and adults with learning disabilities in lots of different ways; including St Johns Catering College catering and hospitality course with related work experience, arts related activities, gardening projects and theatre workshops.

## **Facet**

Fenland Area Community Enterprise Trust Marwick Centre, 21 Marwick Road, March PE15 8PH

Tel: 01354 655080

Offers adults with learning and other disabilities accredited courses in employability, retail, ILS, enterprise and catering. There is also a huge range of non-accredited courses including ILS, IT, numbers, music, drama, English and nature plus work experience in horticulture and woodwork. Please contact the centre for a free taster session. FACET is also a partner in the National Lottery/ESF Community Connections project and offers a Building Better Opportunities course which is free to those who meet the eligibility criteria, details of this can be obtained by calling the centre.

## **Harry Spectres Ltd**

Unit 8, St Thomas place, Ely Cambridgeshire CB7 4EX

Tel: 01353967030

Email: [sales@harryschocs.co.uk](mailto:sales@harryschocs.co.uk),

Web: [www.harryschocs.co.uk/pages/social-enterprise](http://www.harryschocs.co.uk/pages/social-enterprise)

A Cambridgeshire, UK based company providing luxury handmade chocolates. Harry Specters is a social enterprise that provides free work experience & training opportunities with the possibility of part /full time employment for young people on the autism spectrum. They offer a safe and supportive environment to develop key skills to enhance future employability.

## **OWL Bikes, The Papworth Trust**

OWL Bikes, Hawthorn Way, Cambridge, CB4 1AX.

[dan.eaton@papworthtrust.org.uk](mailto:dan.eaton@papworthtrust.org.uk)

OWL Bikes is a fully functional bicycle shop, offering repairs, sales and accessories to members of the public. We also support adults with a learning disability who have a goal based on accessing work or volunteering opportunities, to develop their confidence in our shop environment, or workshop. Using the real life environment of a shop to enhance skills and confidence, service users can work through our modules to ensure they are fully confident and independent, before working with our employment team to look at what they can go onto do, with this confidence and skill and experience.

## **People & Animals UK CIC, Wisbech Community Farm**

Tel: 07841 517543

[www.peopleandanimals.org.uk](http://www.peopleandanimals.org.uk)

[www.facebook.com/WisbechCommunityLedTherapeuticFarm/](https://www.facebook.com/WisbechCommunityLedTherapeuticFarm/)

A recognised Alternative Education Provider, Katie Bristow, Ben Newton, and their multi-disciplinary team of professionals, provide a range of nature-based therapeutic and educational opportunities. Combining Animal-Assisted Intervention, with Social Therapeutic Horticulture, Woodwork, Green Crafts and Land-based learning.

Tailored to meet the needs of each individual, the teamwork with 5-25 year olds, providing structured goal-orientated sessions, in an outdoor environment to increase accessibility and engagement for those unable to thrive full-time, in mainstream settings.

From equine management to small animal care, construction of bug hotels to sheep agility jumps, to gardening or creating willow structures, our key aims include, but are not limited to;

- increasing emotional resilience and self-esteem
- developing communication skills
- empowering to encourage independent living skills, decision making and concentration
- growing aspiration, motivation, and self-respect
- pre-employment skill development

With team expertise combining social care, teaching, psychology, therapy, animal welfare, training and behaviour, the team are experienced at working with people on the autism spectrum as well as those with complex social, emotional, and behavioural needs.

## **Phoenix Trust (Milton)**

Unit 8, Milton Trading Estate, Cambridge Road, Milton CB24 6AZ.

Tel: 01223420669

Email: [info@phoenixtrust.org](mailto:info@phoenixtrust.org)

Website: [www.phoenixtrust.org](http://www.phoenixtrust.org)

Facebook: Phoenix Trust Milton

Instagram: phoenix\_trust

Phoenix is a small charity aiming to make a big difference to the lives of people with learning disabilities or complex needs, through the provision of a meaningful experience of work and the development of social and life skills. A wide variety of products are made on site to sell to the public and Phoenix co-workers can work in three departments:

- Factory - producing concrete slabs and garden ornaments.
- Woodshed – making a variety of items ranging from picnic tables and garden benches, arbors and mud kitchens, to bird boxes, planters, trellises in all shapes and sizes and much more.
- Kitchen - providing a daily two-course lunch for co-workers, volunteers and staff.

## **Prospects Trust at Snakehall Farm**

Swaffham Road, Reach, Cambridge, CB25 0HZ

Tel: 01638 741 511

Email: [enquiries@prospectstrust.org.uk](mailto:enquiries@prospectstrust.org.uk)

<https://www.facebook.com/SnakehallFarm/>

An 18 acre organically certified farm site providing specialist group and 1:1 supported placements in farming, horticulture and the creation on secondary products linked to the agricultural produce sown, grown and harvested by over 60 individuals with additional needs. Snakehall Farm has the space to grow & learn, with multiple growing plots, an adapted fruit cage, orchard, polytunnels and a commercial grade produce kitchen, the site is accessible to all. As a social enterprise, there is always a meaningful job to be done, with a busy wholesale and farm shop customer demand. Snakehall Farm is also home to Tilly Tractor, follow her on Facebook & Twitter @tillytractor

## **The Prospects Trust Garden Team**

The Prospects Trust operates a thriving landscaping and garden maintenance service, enabling the Prospects Trust Co-workers to take their horticultural & gardening skills out into the community.

<https://www.facebook.com/The-Prospects-Trust-Garden-Team>

## **Prospects Trust Unwrapped**

13 Lynn Road, Ely, Cambridge CB7 4EG

Tel: 01353 662010

Email: [unwrapped@prospectstrust.org.uk](mailto:unwrapped@prospectstrust.org.uk)

Web: [www.prospectstrust.org.uk/unwrapped](http://www.prospectstrust.org.uk/unwrapped)

Find us on Facebook & Instagram @Prospects Trust Unwrapped

Prospects Trust Unwrapped is Ely's first zero waste Refill Shop and Greengrocery, stocked by local producers including Snakehall Farm and supported by a trainee work team of young people with additional needs. Unwrapped provides a tailored supportive work package, with accredited training in Retail and Food Safety, aimed at young people with additional needs looking for a transitioning route into catering and retail work opportunities.

## **Red2Green (Options and Aspirations)**

Red2Green, Harvey's Barn, Park End, Swaffham Bulbeck, Cambridge. CB25 0NA

T: 01223 811662, Email: [info@red2green.org](mailto:info@red2green.org), Web: [www.red2green.org](http://www.red2green.org)

**Programmes** for over 16s with learning disabilities and/or autism spectrum conditions, to help them achieve their goals in training, education, work, friendship or fun. Full day, half day and flexible options including school/college holiday cover. 1:1 support can be provided as required, by prior arrangement. We also have a mental health support worker to support adults across both services.

**Aspirations:** Life skills for autistic adults. Working in small groups, we promote:

- Social opportunities
- self-awareness
- an understanding of others
- strategies for anxiety and managing anger
- independent living and employability skills
- education, including Entry Level Maths and English\* and the AQA Unit Award Scheme

\*subject to funding streams and eligibility

**Options:** Day service supporting adults with a wide range of Learning Disabilities, focusing on independence, key skills, work experience and fun. Popular activities include bowling, music, sensory play/relaxation, keep fit, IT, arts and crafts, as well as horticulture and cooking our community café and garden.

## **ROWAN – Arts Centre**

40 Humberstone Road, Cambridge, CB4 1JG.

Tel: 01223 566027

Email: [abi@rowanhumberstone.co.uk](mailto:abi@rowanhumberstone.co.uk) Web: [www.rowanhumberstone.co.uk](http://www.rowanhumberstone.co.uk)

Find us on Facebook and Twitter: @RowanCambridge

Are you interested in art, music or drama? Then we could be the next right move for you! Rowan is a Cambridge based arts centre and charity where people with learning disabilities work alongside artists in their choice of woodwork, ceramics, printmaking, textiles, mixed media and the performing arts.

As well as their own creative projects, students work on private commissions, exhibit their artwork and can take part in music and drama. Rowan is a friendly place, open 9am-3pm, 50 weeks of the year. Weekly half-day and full-day student places are available. If you are interested in becoming a student, get in touch to book a FREE taster.

## **Special Choices**

5, Hall Close, Hartford, Pe29 1XJ

Tel: 01480 451 828, Mobile: 07702 596172, Email: [specialchoicesltd@yahoo.co.uk](mailto:specialchoicesltd@yahoo.co.uk)

Sessions are held 5 days a week from 9.45am- 2.45pm. They run a varied range of sessions from cooking, drama, music and art and craft. Special Choices now offers a transforming lives course to prepare each individual for independent living, they focus on money management, kitchen and cleaning skills, confidence building and volunteer job opportunities.

## **Supporting into Work Projects**

Based at Huntingdon Community Centre

### **TAG Bikes**

T.A.G. bikes' is a project based at the Huntingdon Community Centre (HCC) providing training opportunities for people with disabilities to learn employability skills. The training is aimed at developing a person's confidence to enable them to go on to either work experience, or voluntary or paid employment. It also brings us together with other community groups who share the same vision of supporting local people to access sustainable transport for work, school, for pleasure or health via the cycle.

We feel bikes should only be scrapped as a last resort. Our mission is to keep as many bikes on the road as possible at low cost from our workshop.

### **Community Garden Project**

We teach horticultural skills in a working garden Environments to adults with disabilities. Our plants are organically grown, and we follow environmentally friendly methods in the garden and Garden centre. We accept donations for the garden, grow a range of plants and vegetables that we sell to the local community from our shop.

### **Lazy Days**

LazyDayz is an enterprise set up to encourage and promote skills for those users accessing the creative needlecraft session. The co-workers who participate in Layzdayz Products have gone on to develop hand/eye coordination skills, the ability to know each stage of completing a finished item, coordinating colours, matching fabrics and sewing threads. LazyDayz has also given the co-workers the opportunity to work closely with staff using sewing machines, they listen to and follow instructions on how to control the foot pedal. Our future goal is for some of the co-workers to be able to operate the sewing machines independently under supervision.

For more details about the projects please contact the centre on (01480 377699)

## **The Green Skills**

Email: [andrea.finbow@groundwork.org.uk](mailto:andrea.finbow@groundwork.org.uk)

Green Skills is a motivational project that is often a steppingstone into employment or further training, and offers a taster of the horticulture, landscaping and construction industries. It can also boost participants' mental health and wellbeing and (re)introduce them to a working environment.

Green Skills is a 12 day, three-to-six-week course for people aged 18+ where small groups of 10-15 learners, supervised by qualified Groundwork staff, carry out a practical landscape improvement project, in a local community area while working towards a CSCS card or a City & Guilds qualification (for example in Employability Skills or Horticulture).

More information, including how to register you interest, can be found at: <https://www.groundwork.org.uk/hubs/east/projects/green-skills/>

## **The Helping Hands Group**

Charford House, Padholme RoadEast, Peterborough

T: 01733 561000 / E: [info@thhg.org.uk](mailto:info@thhg.org.uk)

I: [www.thehelpinghandsgroup.org.uk](http://www.thehelpinghandsgroup.org.uk)

F: [facebook.com/thehelpinghandsgroup](https://www.facebook.com/thehelpinghandsgroup)

The Helping Hands Group are specialists in Autism. Established in 2011, the group have 3 centres across Peterborough and Wisbech offering sessions, activities, education, and work experience day provision to adults with Learning Disabilities.

2021 saw them open their second centre in Peterborough, Fenlake. A whole new environment focusing on higher ability. New opportunities including up-cycling, woodwork, catering, social enterprise, car mechanics and ceramic making sit alongside office skills, life skills, activities, and work experience.

Charford House also in Peterborough, is aimed towards individuals with complex needs. Offering in house hydrotherapy and sessions which stimulate the mind and senses. The entire building is wheelchair friendly allowing access to all without boundaries.

Their Algores Way centre in Wisbech boasts a huge sensory garden which houses wheelchair accessible swings and trampolines. Here the service focuses on all abilities offering such sessions as Horticulture, Animal Care and Sensory to name but a few.

The Helping Hands Group are all about working towards independence, they believe tailor made individual learning mixed with a dedicated and highly trained staff team leads to positive outcomes for both individuals and their families as they look to change the lives of adults with learning disabilities forever.

## **The K9 Project**

Contact Chris Kent: 07552 462040

Web: [www.thek9project.co.uk](http://www.thek9project.co.uk)

Working alongside ex shelter dogs the K9 project provides unique educational and personal development programmes for children, young people and adults of all abilities. Can offer ASDAN awards at variable levels - Animal Care, Leadership and Volunteering.

We also offer Life Skills and Dogs programmes which are practice based.

## **The Papworth Trust – Opportunities Without Limits Centres at Huntingdon/Cambridge/Sawston**

Hawthorn Way, Cambridge, CB4 1AX Tel: 01223 478601

Email: [business.development@papworthtrust.org.uk](mailto:business.development@papworthtrust.org.uk)

A broad range of sessional activities, designed to support adults with a learning disability, to build on personal goals, develop social confidence and maintain their health and well being. Sessions are based in our buildings as well as out in the local community.

Locations in Cambridgeshire include:

- **Huntingdon**, Saxongate Centre, Bradbury Place, Huntingdon PE29 3RR
- **Cambridge**, OWL Cambridge, Papworth Trust, Hawthorn Way, Cambridge, CB4 1AX
- **Sawston**, Sawston Freechurch, 1 High Street, Sawston, Cambridgeshire, CB22 3BG

## **Turtle Dove Cambridge**

Turtle Dove Cambridge is a Community Interest Company which exists to provide work experience for young women aged 14-24 who are or are at risk of not being in education, employment, or training. We are an events company who provide opportunities alongside the hospitality industry.

We support young women who lack the confidence to gain training and employment due to negative life experiences.

The young women we work with gain transferable skills such as customer service, organisation, professionalism, teamwork, and problem solving. In turn, this boosts their confidence whilst also re-engaging them in society both at the events and further afield in life.

**Email:** [hello@turtledovecambridge.com](mailto:hello@turtledovecambridge.com)

**Phone:** 07902 851151

**Website:** [turtledovecambridge.com](http://turtledovecambridge.com)



## Training Programmes

These may be suitable for young people who are work ready but require a little extra support to progress into a job or apprenticeship. They offer basic skills, work skills and experience, confidence building - improving skills ready for employment.

### **NACRO in Peterborough**

16, Lincoln Road, Peterborough, Cambridgeshire. PE1 2RL, Tel: 01733 561596 Web: [www.nacro.org.uk/education/education-centres/nacro-peterborough-centre/](http://www.nacro.org.uk/education/education-centres/nacro-peterborough-centre/)

Nacro Peterborough Study Programme helps young people 16-19 years, or up to 25 years (if young person has LLDD), Offering Mathematics and / or English Language from Entry Level to GCSE; vocational courses include: Retail Knowledge (Level 1 & 2); Childcare (Level 1 & 2); Certificate in Gym Instructing, and Certificate in Sport and Physical; Skills, Training, Employment & Personal Development (Level 1 & 2). In addition, there is also a Young Parent's-to-be programme and an adult programme from 19 years onwards.

### **NACRO in Wisbech**

1 Hill Street, Wisbech, Cambridgeshire, PE13 1BA, Tel: 01945 467254 Web: [www.nacro.org.uk/services/cambridgeshire/](http://www.nacro.org.uk/services/cambridgeshire/)

Nacro Wisbech Study Programme helps young people to learn new skills and qualifications in: Functional Skills (Entry Level to Level 2) and/ or GCSE Mathematics and/ or English Language. Vocational Subjects in Retail Knowledge (Levels 1 & 2); Customer Services (Level 1 & 2); Childcare (Levels 1 & 2); Hospitality and Catering (Level 1); Skills, Training, Employment & Personal Development (Level 1 & 2). The service is designed to prepare young people to move on into further education, apprenticeships or work. An adult programme is also available for those 19+. You can apply directly to Nacro.

Please note: Wisbech Students between 16-19 will only be able access Peterborough Centre, Travel will be paid dependent upon eligibility criteria. There will be face-to face teaching in Wisbech for 19+. There are also courses available for those 19+ remotely.

### **NOVA Training and Programme**

Vocational Learning Hub, 24 Bergen Way, North Lynn Industrial Estate, Kings Lynn, PE30 2JG

Tel: 01553 771196

Email: [ruth.taylor@novatraining.co.uk](mailto:ruth.taylor@novatraining.co.uk)

Web: <https://novatraining.co.uk>

- Training to prepare you for college/traineeship, apprenticeship/job
- Skills on employability/CV/writing and Interview Skills/Confidence and work experience

**MONDAY AND THURSDAY:** Training in Kings Lynn centre.

**TUESDAY AND WEDNESDAY:** Learners will either be accessing arranged work placements with employers in and around Wisbech or will be accessing one of our two Kings Lynn centres.

## **GAPS Programme TCHC**

Fleet Way, High Street, Fletton, Peterborough, PE2 8DL

Tel: 07803243266

Email: [info@tchc.net](mailto:info@tchc.net)

The GAPS Programme is a smaller provision and alternative to the LARGER mainstream colleges, to offers young people aged 16-18 or up to 24 with a current ECHP the opportunity to study towards NVQ's at levels E3, L1 & L2 and L3 IT, with a relevant work experience placement. Also includes opportunities to improve English & Math's GCSE (re-sits) and or functional skills alongside qualifications in Customer Service, Employability and Personal, Social Development. In order to give the young person, the best start possible. We also give the young learners the opportunity to undertake a formal Health & Safety and First Aid at Work Qualifications (subject to availability). We also give advice and guidance on job and progression research.

## **Groundwork**

Groundwork run a number of Employment and Skills and Health and Well-being projects across Cambridgeshire for young people aged 19 and over. The projects help young people to learn new skills, develop confidence and improve well-being. Projects such as Green Team, Green Skills, Mind Body and Soil, Get Outdoors Get Active offer young people the chance to get involved in a practical gardening or landscaping project that also benefits the local community. Projects run all year round, for further information or to find out more, please visit:

Web: [www.groundwork.org.uk](http://www.groundwork.org.uk)

## **Leonard Cheshire:**

### **Can Do Programme -**

A skills development programme, all about being a part of and giving back to the local community. Participants get the chance to try something new, develop life and employability skills, volunteer or even facilitate events. It is run for pre-existing groups aged 16-35 with a barrier to education and/or employment. The programme is preferably peer lead and sessions are tailored to the groups needs.

Opportunities up for offer:

Enrichment sessions – one or two opportunities to try out something new, attend an event or volunteer.

Building Communities – a 16 hour project involving social action and/or volunteering. If evidence is collected, participants have the chance to obtain a City & Guild certificate to put on their CV.

To find out more take a look on Leonard Cheshire's website: [www.leonardcheshire.org](http://www.leonardcheshire.org) (opportunities for 16–35-year-olds)

Contact:

Email: [info@leonardcheshire.org](mailto:info@leonardcheshire.org)

## **Switch Now: Changing Opportunities**

Unit 13 Foundry Way, Eaton Socon, St Neots, PE19 8TR

**Can be funded through personal budget or EHCP/social care. Please speak to your ANPA or social worker for details on funding.**

Switch Now offers a Further Education employment focused provision that supports, trains and develops young adults with learning difficulties and disabilities. Our goal is to enable young people (our co-workers) to become work ready, with the aim of progressing into paid, supported, voluntary or self-employment.

### **Who is Switch Now for?**

- Young adults with additional needs
- Individuals that are not in education or training
- Post 16 / college leavers that want to experience something alternative
- Individuals with, or without an Educational Health Care Plan (EHCP)

### **What can Switch Now do for you?**

- Offer a Monday-Friday work focused training provision, all year round\*
- Provide training and support for young adults with learning difficulties / disabilities in a meaningful and engaging environment
- Training kitchen – providing catering training, commercial and domestic independence skills
- Switch Café – offering hands-on work experience in a café setting - Currently Closed until further notice
- Practical enterprise workshop – training opportunities to make, create, upcycle and sell products produced in the workshop
- Retail/ trading area – training and work experience running an ‘online sales business’ selling items through social media and online for the local community
- Community work experience – practical community-based experiences, some of our placements include - work with Riverside Miniature Railway, Food Bank, Chili Farm and other local volunteer groups & businesses
- Offer accredited qualifications to develop transferable, personal and work skills
- Complement/be an alternative to other settings i.e, college, day services, volunteer placement
- High-quality support – all our activities are staffed with a high ratio of 1:4, we also offer 1:1 support for a more personal approach to an individual’s training\*\*

### **What can you get out of working with Switch Now?**

- A provision to recognise and realise your potential
- Experience of working in a professional work environment
- Development of social integration within the local community
- Meaningful work placements and experiences
- Access to a qualified and highly experienced Job coaching team
- Support in your place of employment
- A range of accredited qualifications to develop transferable skills
- Development of own personal skills; confidence, independence, communication
- Progression and support towards paid employment, self-employment, voluntary work, further education
- Opportunities to develop core skills by using functional and embedded Math, English and IT
- Social engagement with others, the opportunity to make new friends/ colleagues

\*\*If 1:1 or high needs support is required, then please contact us to discuss this further

Switch Now also offers Switch Socials, promoting social inclusion and age-appropriate activities for young people (18 – 30-year-olds) with additional needs. As part of our socials, we hold a regular evening social group once a month during term time.

We are open:

Switch Now – All year round (including educational breaks i.e, half-terms, summer etc) except for Christmas and bank holidays\*

Switch Socials – Every 2<sup>nd</sup> Tuesday of the month 7pm – 9pm term time only

## **The Princes Trust**

M: 07904364206

Website: [www.princes-trust.org.uk](http://www.princes-trust.org.uk)

**Get Started programmes** – short courses for 16- 30-year-olds run by professional tutors in sport, music and creative arts. Designed to build motivation, confidence, and communication skills. One-to-one mentoring offered after the programme to help young people move into education, training, employment, or volunteering.

**Get Into** - short vocational courses that develop skills in a specific sector for 18 to 30 - year-olds. Designed for people who are work ready but need experience and to develop their employability skills. One-to-one mentoring offered after the programme to help young people move into education, training, employment, or volunteering.

**Enterprise programme** - helps unemployed people aged 18 to 30 with support and funding to work out if their business ideas are viable and whether self-employment is right for them. For more information, please contact the Customer Service team on 0800 842 842.

### **Team Programme**

Not currently available in Cambridge area. Nearest programme is Peterborough. There is likely to be a new programme in King's Lynn at the start of 2019.

– an exciting action-packed course focused on getting you the skills you need to get a job or progress to an apprenticeship or further education courses!

Run three times a year, the 12-week programme is free to join and will not affect your Jobseeker's Allowance.

Completing the programme will help build your confidence, motivation and enable you to develop new skills and qualifications. All of these things will put you on the right track to getting the job that you really want!

## **Thera East Anglia**

**Can be funded through personal budget or EHCP/social care. Please speak to your ANPA or social worker for details on funding.**

**My Way** is a supported employment service run by Thera East Anglia. Thera East Anglia is a non-profit organisation which supports adults with a learning disability. (18 years plus)

Our aim is to promote employment as a genuine option for people with a learning disability and to help people explore the different opportunities available to them.

What is supported employment? Supported employment enables people who have traditionally faced challenges to accessing the jobs market, for example due to a long-term health condition or disability, to gain employment.

### **How My Way can help-**

We have job coaches who can help you explore the different employment opportunities available to you. Our job coaches can help you in lots of different ways:

- Vocational Profiles
- Writing a CV
- Travel training
- Support to access educational and training opportunities
- Support to attend interviews
- Support and coaching at work
- Exploring career pathways Your job coach will develop a plan to help you achieve your employment and training goals.

**Though my way employment services we will work alongside employers to enable them to explore supported employment within their organisation-**

- Matching people's skills with a suitable employer
- On-going peer support to the workforce for as long as it is required
- Training
- Support during the recruitment process
- On-the-job support
- Advice on reasonable adjustments We will tailor the support you need to make supported employment placements a success, both for you and your employee.

### **What are the benefits to the employer and employee-?**

Employees have an improved sense of self-worth and are able to contribute to their local community.

- A more inclusive, diverse workforce.
- Reduced pressure on support provisions, including health, by promoting unpaid circles of support. • An increasingly inclusive business community.

Contact details-

Terri Dumont – Employment support manager [terri.dumont@thera.co.uk](mailto:terri.dumont@thera.co.uk) or 07834619345

[www.theraeastanglia.co.uk](http://www.theraeastanglia.co.uk)

## Other Useful Projects

### **Boxing Futures**

E-mail [info@boxing-futures.org.uk](mailto:info@boxing-futures.org.uk)

Tel 0203 031 3469

M: 07957998235

Offer a range of non-contact boxing programmes, coupled with learning activities, to encourage physical and mental wellbeing within local communities, primarily to socially disadvantaged young people. The aim is to improve confidence, increase resilience and positive community connections.

**Box Out It Programme** – offers a 12-week non-contact boxing fitness with an opportunity to achieve a Bronze Boxercise Award.

**Brothers/Sisters Through Boxing** - a programme designed to increase physical and mental wellbeing through non-contact boxercise and social emotional educational groupwork activities, with the opportunity to attain basic skills qualifications.

**One to One Programme** – 1-2-1 non-contact boxing with the possibility to achieve the Bronze Boxercise award, whilst receiving wellbeing support.

**Alternative Educational Provision** – AEP is delivered through a combination of Personalised Development workshops, Group discussion sessions and non-contact Boxercise. We support learners to develop key skills relevant to success in the mainstream educational environment.

### **Confidence for Change – Illuminate**

Unique sessions based on the life coaching model of learning and development. Focuses on building self-confidence and strengthening self-belief. Sessions are run informally and friendly. Our sessions are free to adults living in Cambridgeshire and who are unemployed and those in work can join for a small donation.

We run short bitesize sessions that are currently online or hybrid. Details of sessions and dates can be found at [https://illuminatecharity.org.uk/online\\_training\\_sessions.php](https://illuminatecharity.org.uk/online_training_sessions.php) where you can also apply to attend.

For further information of queries please email: [sam@illuminatecharity.org.uk](mailto:sam@illuminatecharity.org.uk)

### **Romsey Mill – Aspire Programme**

**Friendship and activities for young people with ASCs**

The Aspire Programme supports young people (9 -18 year olds) in Cambridge City, South or Bottisham VC catchment area who have autism and who are in mainstream education.

Our weekly youth clubs create a social space for members to interact at a level with which they are comfortable. We offer a high ratio of support from committed volunteers. Young people come to relax and be themselves, and to do things that they enjoy. There is no pressure to socialise, but members often find they enjoy sharing activities such as board games, pool, table tennis, lego, crafts or cooking, with others who have similar interests and difficulties. One member said "Autistic people just understand each other."

For more information contact Ruth Watts, Aspire Programme Co-ordinator

Email: [ruth.watt@romseymill.org](mailto:ruth.watt@romseymill.org)

Tel: 01223 521270.

## **The Inclusion Project**

Email: [jamesgraham@inclusionproject.co.uk](mailto:jamesgraham@inclusionproject.co.uk)

Telephone: 07532789987

Website: [inclusionproject.co.uk](http://inclusionproject.co.uk)

Locations: Community based across Cambridge, St Ives, Huntingdon, and beyond. Transport to and from your residence is included as part of the service, please see website for whether we cover your home postcode.

The Inclusion Project specialises in providing opportunities for socialising, fun, and personalised skill development to those 18 years and older with learning difficulties, autism or other specialist needs. The Inclusion Project in Cambridge and Huntingdonshire currently offers 7 hour sessions 5 days a week and throughout the year, with transport to and from home included within the service provision. Individuals are typically supported at a small group ratio to access favourite activities such as cinema, accessing sports and gyms or bowling, and to try new challenges such as rock climbing, cycling, or other activities of interest to the group. The Inclusion Project is a flexible service that can be accessed as frequently as required and provides an ideal source of leisure time with friends whilst enhancing independence and inclusion within their local community.

## **National Citizens Service Programme**

NCS is a once-in-a-lifetime experience for all 15 – 17-year-olds (after Year 11) and up to 25 for those young people with SEND. We are on a mission to inspire the UK's teenagers, to make a generation that can stand up and start making real change. NCS builds skills, independence, confidence and helps to get ahead in work and life.

The programme also helps young people connect to their local community through social action projects designed and delivered by the group themselves whilst supported by NCS staff throughout. It is our ambition to ensure as many young people as possible regardless of background, ability, or ambitions, get the chance to experience and reap the rewards of NCS.

The programme has four phases; Be Epic, Live Life, Do Good and Go Party (Celebration Event).

Please note, we have an inclusion fund should your young person need additional support on programme.

If you would like to discuss this opportunity further or have any questions with regarding the NCS programme, please contact Kim Jeffries, the Programme Manager on **07920029496** or via email [kim.jeffries@cambridgeshire.gov.uk](mailto:kim.jeffries@cambridgeshire.gov.uk) or Natalie Taylor, the Programme Co-ordinator on **07825905841** or via email [natalie.taylor@cambridgeshire.gov.uk](mailto:natalie.taylor@cambridgeshire.gov.uk)."

## **Bedazzle Community Theatre**

Offers weekly performing arts classes and pop school. Performing arts classes

Saturday class in Cambridge (The Meadows Community Centre) which runs 2.30-5.30 and costs £27 per session. All groups do an annual show at West Road Concert Hall.

Pop Schools

Run for a week in the summer in different locations (Huntingdon and Cambridge). During pop school performers record an album and do an end of week performance.

For more information contact:

[www.BedazzleArts.com](http://www.BedazzleArts.com)

Email: [info@bedazzlearts.com](mailto:info@bedazzlearts.com)

Tel: 07841 990611

## Apprenticeships

An apprenticeship is a real job with training which would allow your daughter or son to earn while they learn, whilst gaining a nationally recognised qualification. Apprenticeships take between one and five years to complete and cover 1,500 job roles in a wide range of industries, from engineering to accountancy, public relations to veterinary nursing. Apprenticeships are now available up to degree level and beyond.

### Benefits of doing an Apprenticeship:

- Earning a salary.
- Training in the skills employers want.
- Excellent progression opportunities, whether looking to study further or climb the ranks within the workplace.
- Increased future earning potential apprentices enjoy marked salary increases when they complete their training, and those completing a higher apprenticeship could see increased earnings of an estimated £150,000 over their lifetime
- Learning at a pace suited to the individual with the support of a mentor;
- Paid holiday.

### Apprenticeship levels

There are various levels of apprenticeship your son or daughter could apply for depending on their current skills and qualifications. Apprenticeships have equivalent educational levels:

- Intermediate 2 - requires 5 GCSE passes at grades 4-9
- Advanced 3 – requires 2 A level passes
- Higher 4,5,6 and 7 requires Foundation degree and above
- Degree 6 and 7 requires Bachelor's or master's degree

All apprenticeships will include elements of on the job and off the job training leading to industry recognised standards or qualifications. Some apprenticeships will require an assessment at the end of the programme to assess the apprentice's ability and competence in their job role.

### Salaries

The minimum wage for apprentices is £4.30 per hour, but many employers pay more than this. This is dependent on the sector, region and apprenticeship level e.g., some higher apprenticeships can pay as much as £300 – £500 per week. More details on salaries and entry criteria in specific apprenticeship occupations can be accessed by looking at the vacancies on 'Find an apprenticeship'.

N.B From September 2017

Adjustments will take place in order for people with learning difficulties/disabilities to have an equal opportunity to gain the skills offered through an apprenticeship; English and Math's requirements will now be adjusted to Entry Level 3 Functional Skills. For more information on Apprenticeship specification please look at:

[https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/630068/Specificationof Apprenticeship Standards for England .pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/630068/Specificationof_Apprenticeship_Standards_for_England_.pdf)



## Traineeships

You can expect three things from a **traineeship**:

- high quality work placements – where you can learn what's expected of you in the workplace, and develop links with local employers
- flexible training - in other relevant areas to help you get ready for work, such as job search and interview skills, timekeeping and team working
- study in English and Math (if appropriate) – employers value these essential skills very highly.

At the end of your traineeship, if there is a job or apprenticeship vacancy with the work placement host, you should receive an interview. If there isn't a job or apprenticeship opportunity at that time, you will receive an exit interview with the employer who provided the work placement. In this interview you can discuss what you've learned, and how it might help you with things like updating your CV or Vocational Profile and getting into a job or an apprenticeship.

Whether you go for a traineeship or apprenticeship will depend on your age and qualifications.

### **Which qualifications will you get?**

Math, English and digital skills and vocational sector learning

### **Who can take a traineeship?**

You must be:

- 16-24yrs and qualified below level 3
- 16-25yrs with learning difficulties.

### **What sort of experience will you need**

You must be:

- out of work with little work experience
- working for less than 16 hours a week
- leaving school/college
- finding it hard to get an apprenticeship
- not sure you have the skills for an apprenticeship.

### **How long does it last?**

Six weeks to one year.

### **How much will you earn?**

Traineeships are unpaid but most pay travel and meal costs.

## Supported Internships

Supported internships are a structured study programme based primarily at an employer. They enable young people aged 16-24 with an Education, Health and Care plan to achieve sustainable paid employment by equipping them with the skills they need for work, through learning in the workplace placement). Supported internships are unpaid, and last for a minimum of six months. Wherever possible, a job coach supports the young person to move into paid employment at the end of the programme. Alongside their time at the employer, young people complete a personalised study programme which includes the chance to study for relevant substantial qualifications, if appropriate, and English and Math's.

## Access to Work Fund

The application process for those on supported Internships and traineeships wishing to apply to Access to Work has been revised. Changes include:

- the provision for a supported employment provider to make an application on behalf of an education provider (education providers can still make the claim if they would like to do so);
- a move from one form per month, to one per placement for each student; and
- the ability to make applications up to three months in advance.

Young people on or about to start the work experience placement of a supported internship, or traineeship with a disability or health condition, can apply to the Department for Work and Pensions' Access to Work fund. An Access to Work grant can cover the additional support a young person may need for the in-work element of supported internships or traineeships and can fund:

- Job coaches (where they support interns directly in their work placements, other support provided by a job coach, e.g., life skills activity and any educational activities will need to be funded separately).
- Specialist equipment for days that a young person is at the employer's premises; and
- The extra fares to work if the person is unable to use public transport.

There is no set amount for an Access to Work grant, and how much an individual receives depends upon their circumstances. Completed applications should be sent to the dedicated Access to Work team at: [Atwosu.london@dwp.gsi.gov.uk](mailto:Atwosu.london@dwp.gsi.gov.uk)

## Volunteering Work

**Volunteering can be great fun and can help develop skills and experience. It also looks great on a CV.** These contacts hold lists of volunteering opportunities locally.

Cambridge Council for the Voluntary sector  
Supported Volunteering Project,  
CCVS, 16-18 Arbury Court, Alex Wood Rd, Cambridge. CB4 2JQ Tel 01223 631819

**Volunteer Centre Huntingdonshire**  
Ramsey and surrounding area:  
**Tel: 01487 814117**

St Ives and surrounding area:

**Tel:** 01480 301462

Huntingdon and surrounding area:

**Tel:** 01480 414766

St Neots and surrounding area:

**Tel:** 01480 414766

**Email:** [info@huntsvc.org.uk](mailto:info@huntsvc.org.uk)

**Web:** [www.huntsvc.org.uk](http://www.huntsvc.org.uk)

### **Volunteer Centre Fenland**

Suzanne Duffy Room, Rosmini Centre Wisbech, 69A Queens Road, Wisbech, PE13 2PE.

**Tel:** 01945 582 192

**Email:** [office@fenlandvc.org.uk](mailto:office@fenlandvc.org.uk)

**Web:** [www.fenlandvc.org.uk](http://www.fenlandvc.org.uk)

### **Volunteer Centre Ely & District**

41e, Forehill, Ely CB7 4AA.

**Tel:** 01353 666 556

**Email:** [volunteers@vcaec.org.uk](mailto:volunteers@vcaec.org.uk)

**Web:** [www.vcaec.org.uk](http://www.vcaec.org.uk)

### **Volunteer Centre Peterborough**

**Address:** 3, Lincoln Court, Lincoln Road, Peterborough, PE1 2RP.

**Tel:** 01733 311016

**Email:** [liz.telford@pcvs.co.uk](mailto:liz.telford@pcvs.co.uk)

**Web:** [www.pcvs.co.uk](http://www.pcvs.co.uk)

### **You may also try your local:**

- Charity shops
- Country parks
- Day centres
- Animal Rescue Centres

**List of Cambridgeshire Voluntary and Community Groups Directory:** [www.cambridgecvs.org.uk/reports/1](http://www.cambridgecvs.org.uk/reports/1) Information on volunteering placements: [www.do-it.org](http://www.do-it.org)

## Time Banking

[www.timebanking.org.uk/how\\_time\\_banking\\_works.asp](http://www.timebanking.org.uk/how_time_banking_works.asp)

1. People list the skills and experience which they can offer and those that they may need.
2. Everyone's skills are valued equally - one hour always equals one time credit.
3. Everyone agrees to both give and to receive help, to earn and to spend their time credits.
4. A record is kept of all the time credits earned and spent, ideally on computer using the 'Time Online' system.
5. Everyone is encouraged to spend their time credits to allow others the chance to make a difference and feel needed.

### **Contacts**

- Cambourne: Tel: 07921037746, Email: [timebank.cambourne@gmail.com](mailto:timebank.cambourne@gmail.com)
- Littleport and Ely: Helen Mould, Email: [littleportandelytimebank@btinternet.com](mailto:littleportandelytimebank@btinternet.com)
- Melbourn: Catherine Sharman, Tel: 01763 263303, Email: [timebank@melbournpc.co.uk](mailto:timebank@melbournpc.co.uk)
- Ramsey: Anna Bradley-Dorman, Tel: 01487 814897, Email: [mtprojectmanager@gmail.com](mailto:mtprojectmanager@gmail.com)
- Sawston: Katie Souter, [Tel:07585132213](tel:07585132213) / 01223 832470, Email: [timebank@sawton.org.uk](mailto:timebank@sawton.org.uk)
- St Ives: and Fenstanton: Zoe Weaver, Tel: 07887 894100, Email: [st.fenstanton.timebank@gamil.com](mailto:st.fenstanton.timebank@gamil.com)
- Somersham and Pidley: Katie Ixer, Tel: 01487 841359, Email: [timebank@somersham-pc.gov.uk](mailto:timebank@somersham-pc.gov.uk)
- Sutton: Lucy Amos-John, Tel: 07731017916, Email: [suttontimebank@sutton-cambs-pc-gov-uk](mailto:suttontimebank@sutton-cambs-pc-gov-uk)

## Employment, Finance and Transport

**Like anyone else, young people with additional needs, who have reached school leaving age, are entitled to apply for work, whether full-time or part-time.**

The Equality Act 2010, which replaced the Disability Discrimination Act 1995, requires employers not to discriminate against people because of their disability, and to make reasonable adjustments so that they could do the job. This applies both when they are employed and when they are applying for a job. If an employer discriminates against them, they (and their parents) can put a case to an Employment Tribunal. If they win the case, they may be able to claim for financial loss and damages for injuries to feelings.

A complaint form can be obtained from a Jobcentre or a Citizens Advice Bureau (CAB). CABs can also give advice about the complaints process.

As we all know, the employment situation is not easy, but it is also not impossible. Young people with additional needs regularly get both full and part time work. It does however often take a great number of applications and effort on behalf of the young person and their parents. If you contact your Additional Needs Pathway Coordinator (See Contact Details p37) they will be able to advise you how to mount a campaign to look for work. Additional Needs Pathway Coordinators will keep in contact and continue to guide young people through their job search.

Young people claiming Employment Support Allowance (ESA) and Jobseeker's Allowance (JSA) who are actively seeking work can ask the Job Centre for support. Job Centres have specialists called Disability Employment Advisers (DEA) and Work Coaches who may be able to help. Contact details can be found at: <https://www.gov.uk/contact-jobcentre-plus>

You can also be asked to attend the Work Programme which can help you prepare for work if you are claiming either JSA or ESA. The Disability Employment Adviser/Work Coach can refer you to Papworth Trust or Seetec. (Seetec is a national organisation and is based at Henry Giles House). They see customers with all health conditions and should offer appropriate support.)

Papworth and Seetec can provide support in job seeking activities and the Work Programme. There are some mandatory referrals but anyone on ESA can volunteer to attend the programme if they wish. The referrals are made to each organisation on a random basis so customers cannot usually specify which provider they wish to attend.

[www.papworthtrust.org.uk/work-and-training/the-work-programme](http://www.papworthtrust.org.uk/work-and-training/the-work-programme)

[www.seetec.co.uk](http://www.seetec.co.uk)

### Employment Centre, Huntingdon

Papworth Trust Centre Huntingdon, Saxongate, Bradbury Place, Huntingdon, Cambridgeshire. PE29 3RR. Work Programme:  
Tel: 0300 4562391

### Employment Centre, Cambridge

Papworth Trust Centre Cambridge, Hawthorn Way, Cambridge. CB4 1AX  
Tel: 0300 4562425

### Employment Centre, Wisbech

Papworth Trust Office Wisbech, Office 2, Post Office Lane, Wisbech. PE13 1HQ  
Tel: 0300 456 2357 (9am-5pm)

## **Jobcentre Plus**

Offers support to customers who are in receipt of benefits (e.g. Universal Credit and Employment Support Allowance) to move into, or closer to, paid or voluntary work. In addition, they provide additional, targeted support for those who have physical or mental health problems or disabilities.

Core services offered by Jobcentre Plus for those with mental health problems or disabilities:

## **Work Coaches**

A work Coach is a named, regular point of contact for anyone in contact with JCP and their role is to support customers to move closer to/into work. Work Coaches can signpost customers to other services and support (e.g. Work and Health Programme, below), and can draw on specialists within JCP to support them (e.g. Disability Employment Advisers and work psychologists) so the Work Coach is most able to support the customer. Additionally, there are external organisations who provide services, training, and employment opportunities such as CV writing, support and careers advice that can be accessed via the Work Coach.

## **Work and Health Programme**

The Work and Health Programme gives customers with a health condition or disability additional support to help them move towards, or into work. Customers receive tailored 1:1 support with a case worker, who provides a similar role to a Work Coach, but with more time, flexibility and knowledge of the additional challenges faced by people with health needs. They can advocate for the customer with potential employers and provide practical advice and support. The case worker has access to a range of additional resources (e.g. musculoskeletal experts) to help enable those with health conditions to access the same employment opportunities as those without health issues, and to achieve their full potential.

## **Job Centres**

### **Cambridge Job Centre**

Henry Giles House 73-79 Chesterton Road, Cambridge, CB4 3BQ

Tel: 0800 169 0190

(For Cambridge and Ely please visit the Cambridge Centre)

### **Huntingdon Job Centre**

Pathfinder House, St Mary's Street. Huntingdon, PE29 3TN

(Covers: Hunts, St Ives, St Neots area)

Tel: 0800 169 0190

### **Wisbech Job Centre**

Albion House, Albion Place, Wisbech, PE13 1An

(Covers: PE13, PE14, PE 15)

Tel: 0800 169 0190

**Kings Lynn Job Centre**

Borough Council Offices

Chapel Street, Kings Lynn, PE30 1EX

Tel: 0800 169 0190

**Support for Schools Advisor – Cambridgeshire**

Ehtesham Hamid |

[ehtesham.hamid@dwp.gov.uk](mailto:ehtesham.hamid@dwp.gov.uk)

Tel: 07771336820

**Supporting Families**

Ken Pottle

[Ken.pottle@dwp.gov.uk](mailto:Ken.pottle@dwp.gov.uk)

Tel: 07825904735

Gee Peluso

[Gee.peluso@dwp.gov.uk](mailto:Gee.peluso@dwp.gov.uk)

Tel: 07920127303

**Think Families**

[Think Family - Cambridgeshire County Council](#)

## Finance

### 16 – 19 Bursary

The 16-19 Bursary Fund helps 16- to 19-year-olds continue in education, where they might otherwise struggle for financial reasons. It is made up of two parts – bursaries of up to £1200 a year to the most vulnerable young people and a discretionary fund for schools, colleges, academies and training providers to distribute.

Young people in the defined vulnerable groups will receive bursaries of £1200 a year. This group is made up of children in care, care leavers, those on income support and those in receipt of both Employment Support Allowance (ESA) and Disability Living Allowance (DLA) / Personal Independence Payment (PIP).

Providers can distribute the rest of the money to support any student who faces genuine financial barriers to participation such as costs of transport, food, or equipment. Providers will have the freedom to decide the scale and frequency of bursary payments. A bursary may be conditional on students meeting agreed standards, for example, behaviour and attendance.

The 16-19 Bursary Fund is administered by providers. Young people need to apply directly to their academy, school, college or training provider for support from the scheme.

For further info please go to: <http://www.cambridgeshire.gov.uk/residents/children-and-families/schools-&-learning-costs/16-19-bursary-fund/>

### Child Benefit / Tax credits

If you are already receiving Child Benefit or any other related benefits such as tax credits, you may continue to receive them until your son/ daughter turns 20 or until they leave full-time education if this is sooner. You will need to tell the Child Benefit Office if your child is continuing in full-time further education. For further information [www.hmrc.gov.uk/child-benefit/](http://www.hmrc.gov.uk/child-benefit/)  
Tel: 0300 2003100

### Employment and Support Allowance (ESA)

Following their 16th birthday your young person may be eligible to claim an incapacity related and/or income related benefit in their own right.

ESA can be paid from a young person's 16th birthday. Entitlement to this benefit will depend on passing an assessment for capability for work and may involve a medical assessment. There are two separate elements to ESA: contributory ESA (CESA) is dependent on having paid enough National Insurance contributions and income-based ESA which has separate rules about savings and income.

To qualify for income-based ESA while in full-time education, young people must also be entitled to DLA / PIP.

It is worth seeking expert advice for a detailed calculation before applying, due to the impact on other benefits, such as Child Benefit and Child Tax Credit.

To apply for Employment and Support Allowance if your son or daughter is 18 - 25 phone the Job Centre Plus Contact Centre on 0800 055 6688.

<http://www.gov.uk/government/publications/employment-and-support-allowance-claim-form>

### Jobseekers Allowance (JSA)

Once your son / daughter is 18 and leaves school, if they are ready to enter work and are looking for a job, they will be able to apply for JSA. Help may be available at their job centre through a Disability Employment Adviser or Work Coach. To apply phone 0800 055 6688.

[www.gov.uk/jobseekers-allowance/how-to-claim](http://www.gov.uk/jobseekers-allowance/how-to-claim)



## Universal Credits

Are replacing:

- Child tax credits
- Housing benefit
- Income support
- Income based job-seekers allowance
- Income related Employment Support Allowance
- Working tax credits
- Legacy benefits

New claimants will need to apply for universal credits.

Existing claimants – do not need to claim universal credits until the DWP gets in touch or if there is a change in their circumstances.

## Disability Living Allowance (DLA) / Personal Independence Payment

Many young people at special schools receive Disability Living Allowance. This is paid if a young person needs significant amounts of help to care for themselves or to move about. It is made up of a care component and a mobility component.

[www.gov.uk/dla-disability-living-allowance-benefit](http://www.gov.uk/dla-disability-living-allowance-benefit)

DLA for people aged 16 and above is being replaced by a new benefit called Personal Independence Payment (PIP). When a young person reaches 16 their DLA is likely to end and they will be invited to claim the new Personal Independence Payment. It also has two parts - a daily living component and a mobility component.

[www.gov.uk/pip](http://www.gov.uk/pip)

## The Family Fund

4 Alpha Court, Monks Drive, York. YO32 9WN.

Tel: 01904 550055

[www.familyfund.org.uk](http://www.familyfund.org.uk)

If your son/daughter is under 18 and severely disabled, and your family has a low income and low savings, you may be able to apply to the fund for a grant. This might be for a holiday, a washing machine, furniture or a computer.

## Free School Meals

Available to school-age children and to Post 16 students at a school with a sixth form, or FE college.

For more information and to apply go to <https://www.cambridgeshire.gov.uk/freeschoolmeals> or telephone 01223 703200 for more advice and support.

## For help with disability benefits:

**PIP Enquiries:** 03458503322

**Disability Cambridgeshire:** 01223 755610

Other useful links for finance:

- <https://www.mencap.org.uk/advice-and-support/benefits/money-and-benefits>
- <https://www.mencap.org.uk/advice-and-support/benefits-people-learning-disability>
- <https://www.pinpoint-cambs.org.uk/information-on-managing-benefits-on-behalf-of-your-children-young-people/>
- <https://www.pinpoint-cambs.org.uk/transitions-and-admissions/>
- <https://arcuk.org.uk/wp-content/uploads/2013/05/Helping-young-people-with-learning-disabilities-to-understand-money.pdf>
- <https://www.familyfund.org.uk/get-help-with-money-matters>
- <https://councilfordisabledchildren.org.uk/what-we-do-0/networks/transition-information-network/information-and-support/money>
- <https://kidshealth.org/en/parents/needs-planning.html>

## Transport Post 16

Post 16 students will be expected to walk or use public transport to their educational provision unless they have a special educational need or disability which prevents them walking or accessing public transport (bus or train) or a bus service contracted by the council. Post 16 students who are unable to access public service transport or walk to school/college are able to apply for post 16 SEN transport. The student must be enrolled on a full-time course either in school (mainstream or special) or College of Further Education. This must be the nearest appropriate centre to their home address offering an appropriate course for that student.

If these criteria have been met, they may be eligible for subsidised transport up to the age of 25. This decision will be made by the Statutory Assessment Team.

Cost per term for transport is £180 (subject to yearly review) or free if in receipt of qualifying benefits. This payment must be paid termly but can opt to pay half-termly. If you choose to pay half-termly the payment can only be made by cheque.

Applications for SEN transport can be made online, or a paper copy can be requested. Applications cannot be made until the new form is released for the next academic year. This is normally in May/June.

Further information regarding post 16 transport can be found at:

<https://www.cambridgeshire.gov.uk/residents/children-and-families/schools-learning/school-transport/transport-for-post-16-pupils-with-special-educational-needs>

### **Personal Transport Budget**

If a child is eligible for transport parents/carers can opt to drive them. The parent/carer receives 40p per mile for the journey to and from school/college.

## Other Useful Information and Contacts

### Social Care Options for young People – Preparing for Adulthood:

If your child/young person meets social care criteria, support can involve helping young people prepare for adulthood. This should start as early as possible and at least by the age of 14. It should be focused on outcomes that are important to the young person.

Children's Disability Services will work with children with a learning disability up to 18 years of age. The Young Adult Team will then take over and continue to support the young person up to 25 or as needed.

For other young people the Adult Social Care Teams (Physical Disability, Mental Health, Sensory, Autism and Adults Support Team (formally Vulnerable Adults) will often start to work with young people at age 16 to assess and develop adult support plans in readiness for the move to adult support.

For adults (over 19 years) with additional needs there are day opportunities that offer a range of activities which is normally funded through social care (depending on social care threshold).

All young people who are 18 (apart from Mental Health and Physical Disability Teams) will go through the Young Adult Team if they have an EHC Plan.

#### A list of day centres are:

Horizon Cambridge

Tel 01223 714700. 285 Coldhams Lane, Cambridge, CB1 3HY

Huntingdon Community Centre,

Tel: 01480 77699. 12a Ambury Rd, Huntingdon, Cambs, PE29 1JE

CATS

1 Bull Lane, St Ives PE17 4AX

Shortsand

St Neots, Cambridgeshire PE19 1PQ

Larkfields Resource Centre

Tel: 01353 612 929. High Barns, Ely, Cambs, CB7 4SB

Tennison Lodge

Tel: 01354 750 202. Gordan Avenue, March, PE15 8AJ

For young people with learning disabilities who do not need social care before 18 years old, the Learning Disability Partnership Young Adults Team will start to work with them from age 16 to assess and develop adult support plans in readiness for the move to adult support.

For those who are likely to require support in adult life, they will need to be identified and placed on the Preparing for Adulthood Tracker via the Statutory Assessment Resources Team (START).

For more information about what services are available for your young person visit: [www.cambridgeshire.gov.uk/careandsupport](http://www.cambridgeshire.gov.uk/careandsupport)

There is information about Supported Living, Self-Directed Support, Domiciliary care, and a range of choices for health and social care services.

### **Huntingdon Community Centre**

Ambury Road, Huntingdon, PE29 1JE.

Tel: 01480 398050

### **Other useful sites:**

**If you need detailed information and advice about other subjects please use the agencies listed below.**

- **Adult Services Contact Centre:** Tel: 0345 045 5202
- **Cambridgeshire Children Services Contact Centre:** Tel: 0345 045 5203
- **Blue Badge Parking and applications:** Tel: 0345 045 5204
- [www.gov.uk](http://www.gov.uk) Information for disabled people and carers. This website provides a single point of online access to services and information-including employment, financial support, rights, education, independent living.

### **Preparing for Adulthood**

The partnership brings together a wide range of expertise and experience of working with young people and families, at a local and national level and across government, to support young people into adulthood with paid employment, good health, independent living and friends, relationships and community inclusion.

<http://www.preparingforadulthood.org.uk>

[Local Offer - Preparation for Adulthood Booklet](#)

## **SEND Information, Advice and Support Service (formerly Parent Partnership Service)**

The Parent Partnership Service (PPS) providing Cambridgeshire's SEND Information, Advice and Support Service (SENDIASS) offers information, advice and support to parents and carers who have a child or young person up to age 25, with special educational needs (SEN) or a disability. You can contact them in confidence for impartial advice and support:

Cambridgeshire County Council, ALC2630, New Shire Hall, Emery Crescent, Enterprise Campus, Alconbury Weald, Huntingdon, PE28 4YE. Telephone: 01223 699 214.

[www.SEND Information, Advice and Support Service \(SENDIASS\) - Cambridgeshire County Council](http://www.SEND Information, Advice and Support Service (SENDIASS) - Cambridgeshire County Council)

## **Pinpoint Cambridgeshire**

Pinpoint is the Parent Carer Forum for Cambridgeshire. It is the voice for Cambridgeshire parent carers of children with additional needs and disabilities. It offers information, support and involvement in shaping and improving local services for families and runs regular focus groups, meetings, drop-ins and workshops.

Telephone: 01480 877333

Email: [information@pinpoint-cambs.org.uk](mailto:information@pinpoint-cambs.org.uk)

[www.pinpoint-cambs.org.uk](http://www.pinpoint-cambs.org.uk)

## **Special Needs Community Information Point (SCIP)**

Provides information on all aspects of need for families who have a child with a disability or additional needs age 0-19 years. Families who join SCIP can also apply for a SCIP card and will receive regular e-mails about activities and events in the county.

Email: [SCIP@cambridgeshire.gov.uk](mailto:SCIP@cambridgeshire.gov.uk). Tel: 01480 379827

[www.cambridgeshire.gov.uk/scip](http://www.cambridgeshire.gov.uk/scip)

## **Disability Sport in the Cambridgeshire area:**

[www.cambridge.gov.uk/accessiblesport](http://www.cambridge.gov.uk/accessiblesport) Email: [sport@cambridge.gov.uk](mailto:sport@cambridge.gov.uk)

Tel: 01223 457532

## **Citizens Advice Bureau**

[www.cambridgecab.org.uk](http://www.cambridgecab.org.uk)

**Main Bureau** - 66 Devonshire Road, Cambridge CB1 2BL. Tel: 0808 278 7808

Drop-in – no appointment necessary Monday – Friday - 9.15am – 12.45pm

**Ely CAB**, 70 Market Street, Ely, CB7 4LS T: 0344 245 1292 M: 0300 3300 650

Mon-Fri 9.30-3.30

[www.ruralcambscab.org.uk](http://www.ruralcambscab.org.uk)

**Huntingdonshire CAB**, Pathfinder House, St Mary's Street, Huntingdon, Cambs, PE29 3TN

T: 0344 245 1292 M: 0300 3300 650

Mon-Fri 9.30-3.30

[www.ruralcambscab.org.uk](http://www.ruralcambscab.org.uk)

#### **St Neots, CAB**

Portacabin Tan Yard Car Park, St Neots Cambs PE19 1AN

T: 0344 245 1292 M: 0300 3300 650

Mon-Fri 9.30-3.30

[www.ruralcambscab.org.uk](http://www.ruralcambscab.org.uk)

#### **Wisbech CAB**

9 Church Mews, Wisbech, Cambs, PE13 1HL T: 0344 2451292 M: 0300 3300 650

Mon-Fri 9.30-3.30

[www.ruralcambscab.org.uk](http://www.ruralcambscab.org.uk)

#### **Young Carers Groups**

Gives young carers some fun and a break from their caring responsibilities. [www.cambsyoungcarers.org.uk](http://www.cambsyoungcarers.org.uk)

Email: [care@carerstrustcambridgeshire.org](mailto:care@carerstrustcambridgeshire.org)

#### **Crossroads Care Cambridgeshire and Centre 33's Young Carers project**

Support young people age 8-19 years who live in Cambridgeshire who have a family member who has a disability, long term illness, a mental health problem or who misuses substances. The project enables young carers to have a break, to have fun, be with others in similar situations.

If you live in Huntingdonshire or Fenland

please contact Crossroads Care Cambridgeshire T: 0845 241 2125

E: [info@cambsyoungcarers.org.uk](mailto:info@cambsyoungcarers.org.uk)

If you live in Cambridge City, South or East Cambridgeshire please contact Centre 33 Tel: 01223 307488

Email: [youngcarers@centre33.org.uk](mailto:youngcarers@centre33.org.uk)

#### **Voice Ability – Advocacy Service**

VoiceAbility support people to speak up and have their rights and choices respected. They provide free and independent advocacy and user involvement services.

Unit 1, The Old Granary, Oakington, Cambridgeshire, CB24 3AR

[www.voiceability.org](http://www.voiceability.org)

helpline is 0300 303 1660

## Mind of My Own

Web: [www.mindofmyown.org](http://www.mindofmyown.org)

Helps you say what you want when you want.

Telling people what you want and need can be difficult. MOMO apps help you organise your thoughts and make it easier to tell your worker what you think. Your worker will get a better insight into what's going on, from your point of view.

## Speak Out Council (SOC)

- acts as a voice for anyone aged 14+ who has a learning disability and/or is on the autistic spectrum, who lives in, or uses services in, Cambridgeshire, and
- gives people a say on any aspect of their life, and talks to professionals and organisations who can influence decisions and make a difference

It does this by:

- holding quarterly Speak Out Days for carers and family, professionals, referrers and providers
- hosting monthly drop ins across all districts of Cambridgeshire
- visiting schools, colleges and Children's Homes to work with younger people, and
- running separate sessions for anyone on the autistic spectrum or those with high support needs.

Everyone is welcome to get involved, so please contact:

Julia Rutherford, VoiceAbility, Unit 1, The Old Granary, Westwick, Oakington, Cambridge CB24 3AR Tel: 01223 555863

Email: [julia.rutherford@voiceability.org](mailto:julia.rutherford@voiceability.org)

Tel: 0786 700 2124

## Pidley Mountain Rescue

The charity provides specialised equipment for disabled children and adults to develop and progress their personal mobility, and improve their home life, while raising awareness of the needs of disabled people in the Huntingdonshire area. Examples of equipment supplied include: wheelchairs; electric scooters; specialised trikes; pediatric buggies, adaptive computer software and hardware; and sensory equipment.

[www.pidleymountainrescue.org.uk](http://www.pidleymountainrescue.org.uk)

## Disability Rights UK

Useful **information booklets** about support and funding for education can be found at:

[www.disabilityrightsuk.org/studentpublications.htm](http://www.disabilityrightsuk.org/studentpublications.htm)

## National Autistic Society – Cambridgeshire Branch

Provides support to people of all ages with autism and their families

[www.nascambridge.org.uk](http://www.nascambridge.org.uk)



## **National Autistic Society Education Rights Service**

Information and advice on the educational rights and entitlements of children with autism.

Tel: 0808 800 4102

## **Welfare Rights Service**

Advice about the benefits children with autism may be entitled to receive.

Tel: 0808 800 4104

## **Parent to Parent Service**

Confidential telephone support for parents and carers of children with autism.

Tel: 0808 800 4106

## **Eddie's**

Suite G10 & G11, Blenheim House, Cambridge Innovation Park, Denny End Road, Waterbeach, Cambridge, CB25 9GL

Tel: 01223 883130

Email: [info@eddies.org.uk](mailto:info@eddies.org.uk) [www.eddies.org.uk](http://www.eddies.org.uk)

A local charity, supporting children, young people, and adults with learning disabilities in lots of different ways; including St Johns Catering College catering and hospitality course with related work experience, arts related activities, gardening projects and theatre arts workshops.

## **Switch Social**

Are you 16-30 years with Additional Needs to be part of an inclusive social group on Tuesday nights from 7-9pm @ Bargroves, Cromwell Road, St Neots PE19 2EY

Tel: Mark: 07518 795301/Catherine: 07518 795370

## **DHIVERSE:**

This is for parents/carers and young people with additional needs to provide support for having healthy and appropriate relationships. Please contact the ABC Programme: Liz MacKenzie, Learning Disabilities SRE Lead

M: 07985 447846 Tel: 01223 508805

E: [elizabeth@dhiverse.org.uk](mailto:elizabeth@dhiverse.org.uk)

Office B, Dales Brewery, Gwydir Street, Cambridge, CB1 2LJ

## **Fledglings**

This is a registered charity providing practical help to families with disabled children. They will search for products and services to meet the individual needs and by supplying items through their mail order service. They offer a personalised helpline, e-news and product search. Contact the team on: Tel: 0845 4581124 or 01799 541807

[www.fledglings.org.uk/docs/pdf](http://www.fledglings.org.uk/docs/pdf)

[/brochure\\_online.pdf](#)

## Safe and Well

Advice and information on daily living aids and equipment

<https://www.safeandwell.co.uk/cambridgeshire/> Tel: 01480 415719

## Headway Cambridgeshire

Provides a wide range of activities and social rehabilitation for people with brain injury, some free, some for a small fee and some using your personal budget. We also support families and carers. Outcome focused and goal-led, we provide encouragement to enable individuals to maximise their potential. You can choose from a range of sessions which support individual goals. This could be building physical fitness and stamina, improving daily living skills, increasing your social network, understanding and managing the effects of your injury or improving your wellbeing.

Support is provided at our two main hubs in Cambridge and Peterborough, but also in your own home and community.

Call us on 01223 576550 to find out more or visit our website at [www.headway-cambs.org.uk](http://www.headway-cambs.org.uk)

## Mental Health:

### YoungMinds

Offer free, confidential online and telephone support, including information and advice, to any adult worried about the emotional problems, behaviour or mental health of a child or young person up to the age of 25

If you are a concerned parent please call their dedicated helpline Monday to Friday between 9:30am-4pm. Helpline advisers are on 0808 802 5544 (free for mobiles and landlines).

[www.youngminds.org.uk/for\\_parents/parent\\_helpine](http://www.youngminds.org.uk/for_parents/parent_helpine)

### KOOTH

Free, safe and anonymous online support for young people.

[www.kooth.co.uk](http://www.kooth.co.uk)

### Keep your Head

Keep Your Head brings together reliable information on mental health and wellbeing for children, young people and adults across Cambridgeshire & Peterborough.

<https://www.keep-your-head.com/>

### Cambridge Mental Health Network

has a facebook page:

<https://www.facebook.com/cambridgemhn1>

## **YOUnited**

YOUnited offers help to children and young people with their emotional wellbeing and mental health registered with a GP in Cambridgeshire and Peterborough. It is available to those up to the age of 25 and offers a range of support including therapies, counselling and guided self-help. Referrals can be made to YOUnited by a GP or any professional working with children or young people.

## **CPFT (Cambridgeshire and Peterborough NHS Foundation Trust)**

CPFT provides mental health services, community services, learning disability services and social care services across Cambridgeshire and Peterborough along with children's community services in Peterborough.

The Trust has launched the Psychological Wellbeing Service (IAPT) to help those who are suffering from stress, anxiety and depression.

People can now self-refer to the service.

Tel: 0300 300 0055. 9am to 5pm, Monday to Friday, excluding Bank Holidays.

[www.cpft.nhs.uk](http://www.cpft.nhs.uk)

## **Helplines**

**Lifeline** 0808 808 2121

7pm to 11pm, 365 days a year.

**PAPYRUS** HOPEline (advice for young people at risk of suicide)

Tel: 0800 068 4141 Monday to Fridays 10am- 5pm Weekends — 7pm-10pm, and 2pm-5pm

[www.papyrus-uk.org](http://www.papyrus-uk.org)

**CHILDLINE** 0800 1111

**NSPCC** 0808 800 5000

**Mind info line-** offers a well-being service for people who have/have not been diagnosed with mental health: referrals, please contact 01223 311 328 or [wellbeing@mindincamb.org.uk](mailto:wellbeing@mindincamb.org.uk)  
Monday to Friday, 9.00am to 6.00pm. Email: [info@mind.org.uk](mailto:info@mind.org.uk)

## **CENTRE 33 (working across Cambridgeshire & Peterborough)**

- Housing & accommodation: for young people aged 13-25.  
Tel: 0333 414 1809  
Email: [help@centre33.org.uk](mailto:help@centre33.org.uk)
- Caring responsibilities: for young people 5-18  
Tel: 03333 414 1809  
Email: [youngcarers@centre33.org.uk](mailto:youngcarers@centre33.org.uk)
- Money, work, training: the New Horizons project for young people aged 15+ and NEET or at risk of NEET.  
Contact by text on: 07931 837696 or email: [sam@centre33.org.uk](mailto:sam@centre33.org.uk)
- Mental health & emotional wellbeing: for young people aged 13-25.  
Tel: 0333 414 1809  
Email: [help@centre33.org.uk](mailto:help@centre33.org.uk)

### **Other useful links:**

[www.keep.your.head.com](http://www.keep.your.head.com)

[www.minded.org.uk](http://www.minded.org.uk)

### **Richmond Fellowship:**

Provides a range of mental health services in:

#### **Employment**

A specialist employment service providing support for people recovering from mental health problems to find paid employment, voluntary work, education and training or to retain their current employment.

Address: Island Hall Cottage; 17 Post St, Godmanchester nr Huntingdon. Cambridgeshire. PE29 2BA

Tel: 01223 301032 (Cambridge)

Tel: 01480 456257 (Hunts & Fens)

### **ROMSEY MILL**

#### **Youth Development Team**

#### **Boosting confidence and achievement**

We are a team of youth workers who love young people and are passionate about supporting them to overcome challenge, live fulfilling lives and inspire change in the world around them.

**Who we support:**

We work with young people aged 10-21 years who need extra support to overcome challenges in their lives. This is likely to include young people who:

- Are exposed to difficult home situations.
- Struggle with mental health issues including self-harm, anxiety and depression.
- Have been involved with the criminal justice system.
- Have issues with drugs or alcohol.
- Are engaged in anti-social or risky sexual behaviour.
- Are at risk of exclusion, excluded or disengaged from mainstream education.
- Are at risk of becoming, or are already, NEET (not in employment, education or training).

**What we do:**

Our work can broadly be divided into two categories:

- Commissioned alternative education and early intervention support, including:
  - Pastoral care.
  - Our 'Step-Up' personal and social development course (team work, adventurous activities, enterprise, youth culture, healthy relationships and life skills)
  - Accredited courses, such as Arts Awards, home cooking skills and sports leadership.
  - Maths and English support.
  - Primary school group work and transfer support.
- Community-based, relational youth work including:
  - Open-access youth clubs.
  - Creative arts and music studio sessions.
  - Sports projects.
  - Youth leadership programmes.
  - Adventurous activity residentials.
  - Enrichment trips.

For more information about activities, contact Mike Farrington, Youth Development Team Programme Coordinator, on 01223 566392 or [richard.beckett@romseymill.org](mailto:richard.beckett@romseymill.org)

**Community**

Fenland Wellbeing provides a community based service for people in North Cambridgeshire living with mental health problems. Our community wellbeing programme helps increase confidence, overcome mental health problems and help people move on to more independent living

Wisbech Office (Monday and Thursday) Address: 15-16 Church Mews, Wisbech, Cambridgeshire. PE13 1HL. Tel: 01945 469770

March office – Tuesday, Wednesday, Friday Address; Old School Building, Dartford Road, March, Cambridgeshire. PE15 8AN  
Tel: 01354 654715

## College Open Days and Contact Details 2021/2022

| College  | Contact   | Open Days/Evenings  |
|--|---|---|
| <p><b>Bedford College</b> Cauldwell Street,<br/>Bedford, MK42 9AH</p> <p><b>Shuttleworth College</b> (Part of Bedford College) Old Warden Park Biggleswade<br/>SG18 9DX</p>  | <p>T: 01234 291000<br/>F: 01234 342674<br/>E: <a href="mailto:info@bedford.ac.uk">info@bedford.ac.uk</a><br/><a href="http://www.bedford.ac.uk">www.bedford.ac.uk</a></p> <p>T: 01767 626222<br/>F: 01767 626235<br/>E: <a href="mailto:enquiries@shuttleworth.ac.uk">enquiries@shuttleworth.ac.uk</a><br/><a href="http://www.shuttleworth.ac.uk">www.shuttleworth.ac.uk</a></p> | <p>22<sup>nd</sup> March 2022 – 5pm-8pm</p> <p>19<sup>th</sup> March 2022 – 9.30am-12.30pm</p>  |
| <p><b>Cambridge Regional College</b><br/><b>Cambridge Campus</b> Science Park<br/>Campus Kings Hedges Rd Cambridge,<br/>CB4 2QT</p> <p><b>Huntingdon Campus</b><br/><b>(formerly Huntingdon Regional College)</b><br/>California Road Huntingdon,<br/>Cambs PE29 1BL</p> | <p>T: 01223 418200<br/>E: <a href="mailto:enquiry@camre.ac.uk">enquiry@camre.ac.uk</a><br/><a href="http://www.camre.ac.uk">www.camre.ac.uk</a></p> <p>T: 01480 379100<br/>F: 01480 379127<br/>E: <a href="mailto:huntingdon@camre.ac.uk">huntingdon@camre.ac.uk</a><br/><a href="http://www.huntingdon.ac.uk">www.huntingdon.ac.uk</a></p>                                       | <p>28<sup>th</sup> April 2022 – 4.30pm-7pm</p> <p>16<sup>th</sup> March - 5pm-7pm</p> <p>11<sup>th</sup> June 2022- 10.30am – 1pm</p> <p>Virtual On Demand Open Day are available.<br/><a href="http://OpenDaysOnline-CambridgeRegionalCollege.camre.ac.uk">Open Days Online - Cambridge Regional College (camre.ac.uk)</a></p> |

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|--|--|---|
| <p><b>Peterborough Regional College</b><br/>Park Crescent Peterborough<br/>PE1 4DZ</p>   | <p>T: 0345 8728722<br/>F: 01733 767986<br/>E: <a href="mailto:info@peterborough.ac.uk">info@peterborough.ac.uk</a><br/><a href="http://www.peterborough.ac.uk">www.peterborough.ac.uk</a></p>                                    | <p>26<sup>th</sup> April 2022<br/>9<sup>th</sup> June 2022</p>  |
| <p><b>Peterborough City College</b><br/>Brook Street Peterborough PE1 1TU<br/><br/>John Mansfield Centre Dogsthorpe<br/>Peterborough PE1 4HC</p> | <p>T: 01733 761361<br/>E: <a href="mailto:choices@citycollegepeterborough.ac.uk">choices@citycollegepeterborough.ac.uk</a><br/><br/><a href="http://www.citycollegepeterborough.ac.uk">www.citycollegepeterborough.ac.uk</a></p> | <p>Please contact college for information</p>   |
| <p><b>College of West Anglia</b><br/><b>King's Lynn campus:</b> Tennyson<br/>Avenue King's Lynn<br/>Norfolk PE30 2QW</p>                         | <p><b>King's Lynn campus:</b><br/>T: 01553 761144<br/>F: 01553 764902<br/>E: <a href="mailto:enquiries@col-estanglia.ac.uk">enquiries@col-estanglia.ac.uk</a><br/><a href="http://www.cwa.ac.uk">www.cwa.ac.uk</a></p>           | <p>5<sup>th</sup> March 2022 – 9.30am – 12.30pm<br/><br/>Virtual Tour available on college website.</p> |
| <p><b>College of West Anglia Sports campus:</b><br/>Alive Lynnsport, King's Lynn, PE30<br/>2NB</p>   | <p><a href="#">Sports campus at Lynnsport T: 01553<br/>815506</a><br/>E: <a href="mailto:enquiries@col-westanglia.ac.uk">enquiries@col-westanglia.ac.uk</a><br/><a href="http://www.cwa.ac.uk">www.cwa.ac.uk</a></p>             | <p>5<sup>th</sup> March 2022 – 9.30am – 12.30pm<br/><br/>Virtual Tour available on college website.</p> |

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|---|---|---|
| <p><b>College of West Anglia</b><br/> <b>Wisbech campus:</b> Ramnoth Road<br/> Wisbech Cambridgeshire PE13 2JE</p>    | <p><b>Isle campus:</b><br/> T: 01945 582561<br/> E: <a href="mailto:enquiries@col-estanglia.ac.uk">enquiries@col-estanglia.ac.uk</a><br/> <a href="http://www.cwa.ac.uk">www.cwa.ac.uk</a></p>      | <p>12<sup>th</sup> March 2022 – 9.30am- 12.30pm</p> |
| <p><b>College of West Anglia</b><br/> <b>Cambridge campus:</b> Landbeach Road<br/> Milton Cambridgeshire CB24 6DB</p> | <p><b>Cambridge campus:</b><br/> T: 01223 860701<br/> E: <a href="mailto:enquiries@col-estanglia.ac.uk">enquiries@col-estanglia.ac.uk</a><br/> <a href="http://www.cwa.ac.uk">www.cwa.ac.uk</a></p> | <p>26<sup>th</sup> April 2022 – 5pm-7.30pm</p>      |