## ALLERGEN CARD

| Recipe | Allergens |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | $38$ | 68 | (0) | $\bigcirc$ | 3 | C) | (1) | (2) | 80 | Q8 | 888 | 8 | ( $0^{2} 3$ |
|  | Celery | Cereals With <br> Gluten | Crustaceans | Egas | Fish | Lupin | Mik | Molluss | Mustard | Peanuts | Nuts from Trees | Sesame | Soybeans | Sulphur D02/Sulphites |
| Chicken Caesar Wrap |  | $\sqrt{ }$ Barley <br> $\sqrt{ }$ Wheat |  | $\checkmark$ | $\checkmark$ |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |

INGREDIENTS: Bran Tortilla 25cm ; Fortified (Wheat) Flour ((Wheat) Flour Calcium Carbonate Iron Niacin Thiamin) Water Vegetable Oil (Rapeseed Palm Oil) (Wheat) Bran Raising Agents (Sodium Carbonates Malic Acid Diphosphates) Sugar Stabiliser (Carboxy Methyl Cellulose) Salt. 12 mm Cooked Chicken Breast Strips ; Chicken Breast Modified Tapioca Starch Salt Stabiliser (Pentasodium Triphosphate). Caesar Dressing ; Rapeseed Oil (62\%) Water Pasteurised (Egg) Yolk White Wine Vinegar Lemon Juice Concentrate Salt Parmigiano Reggiano Cheese (Milk) (1\%) (Mustard) Flour Black Pepper Worcester Style Sauce (Water Spirit Vinegar (Barley) Malt Vinegar Sugar Molasses Salt Onion Powder Garlic Powder Tamarind Extract Ground Ginger Chilli Powder) Garlic Powder Dried Onion Extra Virgin Olive Oil Anchovy Paste (Fish) Stabiliser, Xanthan Gum. Iceberg Lettuce. Light Mayonnaise ; Water Rapeseed Oil 25\% Spirit Vinegar Modified Starch Pasteurised (Egg) 3.5 \% Sugar Salt Pasteurised (Egg) Yolk 1\% Thickener (Xanthan Gum) Lemon Juice Concentrate Preservative (Potassium Sorbate) Antioxidant (Calcium Disodium Edta) Acid (Malic Acid) Natural Flavour.

Allergen advice For allergens including Cereals containing Gluten see ingredients in bold.

## Allergen and Nutrition Advice:

- Ingredients highlighted in bold or annotated with $\sqrt{ }$ are allergens that are present in this product
- MC = Cross Contamination risk indicating that this ingredient is present in the manufacturing site / factory or supply chain and our suppliers believe there is a significant risk that this allergen could contaminate the food. Our busy kitchens endeavour to take all reasonable steps to avoid any risk of cross contamination however we cannot guarantee that our food is $\mathbf{1 0 0 \%}$ free from a specific allergen

