















ALLERGEN CARD

Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Crunchy Pepper and Houmous Wrap		✓ Wheat										✓		

INGREDIENTS: Houmous Dip ; Cooked Chickpeas (46%)(Chickpeas Water) Rapeseed Oil Water **(Sesame Seed)** Paste (14%) Salt Garlic Powder Acidity Regulator(Citric Acid) Preservative(Potassium Sorbate). Bran Tortilla 25cm ; Fortified **(Wheat)** Flour (**(Wheat)** Flour Calcium Carbonate Iron Niacin Thiamin) Water Vegetable Oil (Rapeseed Palm Oil) **(Wheat)** Bran Raising Agents (Sodium Carbonates Malic Acid Diphosphates) Sugar Stabiliser (Carboxy Methyl Cellulose) Salt. Mixed Pepper; Mixed Peppers Mixed Pepper. Iceberg Lettuce.

Allergen advice For allergens including Cereals containing Gluten see ingredients in **bold**.

Allergen and Nutrition Advice:

- Ingredients highlighted in bold or annotated with ✓ are allergens that are present in this product
- **MC** = Cross Contamination risk indicating that this ingredient is present in the manufacturing site / factory or supply chain and our suppliers believe there is a significant risk that this allergen could contaminate the food. Our busy kitchens endeavour to take all reasonable steps to avoid any risk of cross contamination however we cannot guarantee that our food is 100% free from a specific allergen