







WEEK 1 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO *options*

	RICE BOX	RICE BOX
MON	Chicken Tikka Masala   Served with Wholegrain Rice and Vegetables	Roasted Rainbow Vegetables  
	BURGER BAR	BURGER BAR
TUE	Double Beef Burger Served with Chipotle Wedges and Corn on the Cob	Veggie Burger  Served with Chipotle Wedges and Corn on the Cob
WED	Roast Chicken Served with Roast Potatoes, Vegetables and Gravy	Roast Quorn Served with Roast Potatoes, Vegetables and Gravy
	MAC SHACK	MAC SHACK
THUR	Macaroni Cheese  Served with Roasted Beetroot and Chickpea Salad and Crispy Onions	Macaroni Cheese with Crispy Bacon Served with Roasted Beetroot and Chickpea Salad and Crispy Onions
	FRIDAY FAVOURITES	
FRI	Southern Fried Chicken Goujons Served with Chips, Baked Beans and Peas	Quorn Sausage Roll  Served with Chips, Baked Beans and Peas

HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza
Burritos
Jacket Potato and Toppings

SALADS:

Tuna and Sweetcorn Pasta Salad
Tomato Pasta Salad
Ham and Cheese Salad

SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich
Chicken Salad Sandwich
Cheese Baguette 
Tuna Mayo Baguette
BLT Baguette

WRAPS:

Pepper and Houmous Wrap  
BBQ Chicken Wrap 
Chicken Caesar Wrap 

WEEK 2 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO *options*

	CLASSICS	CLASSICS
MON	Sausage and Mash Served with Vegetables and Gravy	Vegetarian Sausage and Mash ♻️ ❤️ Served with Vegetables and Gravy
TUE	Beef Bolognese Wholewheat Pasta and Mixed Salad	Roast Butternut Squash, Chickpea and Broccoli Buddha Box 🌱 ♻️
WED	Roast Pork Served with Roast Potatoes, Vegetables and Gravy	Roast Quorn ♻️ Served with Roast Potatoes, Vegetables and Gravy
THUR	Cottage Pie Served with Vegetables and Gravy	Vegetarian Cottage Pie Served with Vegetables and Gravy
	FRIDAY FAVOURITES	
FRI	Southern Fried Chicken Goujons Served with Chips, Baked Beans and Peas	Cheese and Onion Pasty ♻️ Served with Chips, Baked Beans and Peas

HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza
Burritos
Jacket Potato and Toppings

SALADS:

Tuna and Sweetcorn Pasta Salad
Tomato Pasta Salad
Ham and Cheese Salad

SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich
Chicken Salad Sandwich
Cheese Baguette ♻️
Tuna Mayo Baguette
BLT Baguette

WRAPS:

Pepper and Houmous Wrap ♻️ 🌱
BBQ Chicken Wrap 🌱
Chicken Caesar Wrap 🌱

WEEK 3 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO *options*

	HOT DOGS	HOT DOGS
MON	Classic New Yorker Hot Dog Served with Chipotle Wedges and American Slaw	Tropical Sunshine Hot Dog   Served with Chipotle Wedges and American Slaw
TUE	West African Chicken Rice	Caribbean Coconut Quorn Curry  Served with Wholegrain Rice and Vegetables
	CLASSICS	CLASSICS
WED	Roast Beef Meatballs Served with Mashed Potato, Peas and Gravy	Roast Veggie Balls  Served with Mashed Potato, Peas and Gravy
	BUDDHA BOX	
THUR	Chicken and Broccoli Pasta Bake Served with Vegetables	Roast Butternut Squash, Chickpea and Broccoli Buddha Box   
FRI	Southern Fried Chicken Goujons Served with Chips, Baked Beans and Peas	Quorn Dippers  Served with Chips, Baked Beans and Peas


HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza
Burritos
Jacket Potato and Toppings

SALADS:

Tuna and Sweetcorn Pasta Salad
Tomato Pasta Salad
Ham and Cheese Pasta Salad

SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich
Chicken Salad Sandwich
Cheese Baguette 
Tuna Mayo Baguette
BLT Baguette

WRAPS:

Pepper and Houmous Wrap  
BBQ Chicken Wrap 
Chicken Caesar Wrap 