

























ALLERGEN CARD

Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Chilli Con Carne														

INGREDIENTS: Chartwells Tomato Sauce. Peeled Plum Tomatoes Chef Selection . Tomatoes Tomato Juice Acidity Regulator (Citric Acid). Onion. Cooking Onions. Water. Rapeseed Oil . Antifoam E900. Tomato Paste. Tomatoes. Rowse Clear Honey Tub . Honey. Garlic Herbs 250g. Garlic (100%). Mixed Herbs ; Marjoram Thyme Parsley Basil Savory. Beef Mince 85vl Rt Uk 2.5kg ; Beef Meat. Red Kidneys In Water ; Red Kidney Beans Water Firming Agent, Calcium Chloride. Mixed Pepper ; Mixed Peppers. Premium Instant Gravy; Maltodextrin Potato Starch Flavouring Salt Yeast Extract Colour (Caramel) Rapeseed Oil Flavourings Cornflour Colour (Ammonia Caramel) Onion Powder Acidity Regulator(Citric Acid). Fajita Seasoning ; Salt [Salt Anticaking Agent (Sodium Ferrocyanide)] Chilli Powder (23%) Onion Powder Sugar Cumin Powder Garlic Powder (8%) Oregano (0.5%) Flavouring Paprika Extract Lime Extract (0.5%) Cassia Nutmeg Coriander Leaf Anticaking Agent (Silicon Dioxide). Rapeseed Oil ; Antifoam E900. Garlic Herbs 250g ; Garlic (100%).

Allergen advice For allergens including Cereals containing Gluten see ingredients in **bold**.

Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Chartwells Tomato Sauce														

INGREDIENTS: Peeled Plum Tomatoes Chef Selection ; Tomatoes Tomato Juice Acidity Regulator (Citric Acid). Onion ; Cooking Onions. Water. Rapeseed Oil ; Antifoam E900. Tomato Paste ; Tomatoes. Rowse Clear Honey Tub ; Honey. Garlic Herbs 250g ; Garlic (100%). Mixed Herbs ; Marjoram Thyme Parsley Basil Savory.

Allergen advice For allergens including Cereals containing Gluten see ingredients in **bold**.

Allergen and Nutrition Advice:

- Ingredients highlighted in bold or annotated with ✓ are allergens that are present in this product
- **MC** = Cross Contamination risk indicating that this ingredient is present in the manufacturing site / factory or supply chain and our suppliers believe there is a significant risk that this allergen could contaminate the food. Our busy kitchens endeavour to take all reasonable steps to avoid any risk of cross contamination however we cannot guarantee that our food is 100% free from a specific allergen