











WEEK 1 MENU

W/C: 04/09, 25/09, 16/10, 06/11, 27/11, 18/12, 08/01, 29/01, 11/03, 01/04

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON	Bangers and Mash Served with Vegetables and Gravy	Vegetarian Sausages  Served with Mashed Potato, Vegetables and Gravy
TUE	Turkey Con Chilli   Served with Rice and Peas	Feta and Beetroot Burger  Served with Chipotle Wedges and Salad
WED	Honey Roasted Ham and Mash Served with Vegetables and Gravy	Vegetarian Cottage Pie   Served with Vegetables and Gravy
THUR	Beef Bolognese  Served with Wholewheat Pasta and Peas	Trinidad Vegetable Rice 
FRI	Southern Fried Chicken Goujons Served with Chips, Peas and Baked Beans	Veggie Chow Mein  

WEEKLY SPECIAL

- **Roasted Indian Chickpea Salad**  ●

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad   

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich 
Ham Baguette
Cheese & Tomato Baguette 

WRAPS:

Tuna Crunch Wrap 
Pepper and Houmous Wrap  

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Love Joe's Mexican Burrito

WEEK 2 MENU

W/C: 11/09, 02/10, 13/11, 04/12, 15/01, 05/02, 26/02, 18/03

CHOICE
One

CHOICE
Two

GRAB & GO
OPTIONS

MON	West African Chicken Rice 🍷	Veggie Burrito 🌱 🍷
TUE	Chicken Sausage Pasta Bake Served with Salad	Roasted Butternut Squash, Chickpea and Broccoli Buddha Bowl 🌱 🍷 🌿
WED	Mexican Beef Tortilla Pie 🌿 🍷 Served with Wholegrain Rice and Salad	Veggie Chow Mein 🌱 🍷
THUR	Chicken and Vegetable Tikka Masala 🌿 🍷 Served with Wholegrain Rice and Sweetcorn	Roasted Cauliflower and Chickpea Korma 🌱 🍷 🌿 Served with Wholegrain Rice and Sweetcorn
FRI	Southern Fried Chicken Goujons Served with Peas and Baked Beans	The Veggie Dog 🌱 Served with Peas and Baked Beans

WEEKLY SPECIAL

• Moroccan Chicken Salad 🍷 •

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad 🌿 🍷 🌱

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich 🌱
Ham Baguette
Cheese & Tomato Baguette 🌱

WRAPS:

Tuna Crunch Wrap 🌿
Pepper and Houmous Wrap 🌱 🌿

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Love Joe's Mexican Burrito

WEEK 3 MENU

W/C: 18/09, 09/10, 30/10, 20/11, 11/12, 01/01, 22/01, 12/02, 04/03, 25/03

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON	BBQ Pork Meatballs 🌿 Served with Wholewheat Pasta, Pizza Pinwheel and Green Beans	Chickpea and Vegetable Jalfrezi ♻️ 🍏 🌿 Served with Wholegrain Rice
TUE	Steak Mince Pie Served with Mashed Potato, Vegetables and Gravy	Vegan Chilli ♻️ 🍏 🌿 Served with Wholegrain Rice and Peas
WED	Roast Pork Served with Roast Potatoes, Stuffing, Vegetables and Apple Sauce	Sweet and Sour Vegetables ♻️ 🍏 🌿
THUR	Beef Bolognese 🍏 🌿 Served with Wholewheat Pasta and Peas	Mac and Cheese Pot ♻️
FRI	Southern Fried Chicken Goujons Served with Chips, Peas and Baked Beans	Mexican Loaded Wedges ♻️ Served with Peas and Baked Beans

WEEKLY SPECIAL

• Sweet Chilli Chicken Noodle Salad •

SALADS:

Tuna and Sweetcorn Pasta Salad
 Pesto Pasta Salad 🌿 🍏 ♻️

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
 Chicken, Lettuce & Mayo Sandwich
 Cheese Sandwich ♻️
 Ham Baguette
 Cheese & Tomato Baguette ♻️

WRAPS:

Tuna Crunch Wrap 🌿
 Pepper and Houmous Wrap ♻️ 🌿

HOT DISHES:

Paninis
 Pasta & Sauces
 Freshly Baked Pizza
 Love Joe's Mexican Burrito