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Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Mexican Veggie Tortilla Pie		✓ Wheat					✓						✓	

INGREDIENTS: Chartwells Tomato Sauce. Peeled Plum Tomatoes Chef Selection . Tomatoes Tomato Juice Acidity Regulator (Citric Acid). Onion. Cooking Onions. Water. Rapeseed Oil . Antifoam E900. Tomato Paste. Tomatoes. Rowse Clear Honey Tub . Honey. Garlic Herbs 250g. Garlic (100%). Mixed Herbs ; Marjoram Thyme Parsley Basil Savory. Meat Free Mince ; Rehydrated Textured **(Soya)** Protein (96%) Seasoning [Colour (Plain Caramel) Flavourings Yeast Extract Onion Powder Dextrose Salt Maltodextrin Acidity Regulator (Citric Acid) White Pepper]. Grated Mature Cheese ; White Mild Cheddar Cheese **(Milk)** Anti-Caking Agent Potato Starch. No Added Sugar Baked Beans ; Beans (47%) Tomatoes (38%) Water Modified Cornflour Spirit Vinegar Salt Natural Flavouring Spice Extracts Sweetener Steviol Glycosides Herb Extract. Bran Tortilla 25cm ; Fortified **(Wheat)** Flour **(Wheat)** Flour Calcium Carbonate Iron Niacin Thiamin Water Vegetable Oil (Rapeseed Palm Oil) **(Wheat)** Bran Raising Agents (Sodium Carbonates Malic Acid Diphosphates) Sugar Stabiliser (Carboxy Methyl Cellulose) Salt. Red Kidneys In Water ; Red Kidney Beans Water Firming Agent, Calcium Chloride. Onion ; Cooking Onions. Mixed Pepper ; Mixed Peppers. Rapeseed Oil ; Antifoam E900. Chipotle Rub ; Smoked Paprika Sugar Salt Chipotle Chilli(8%) Garlic Cumin Oregano Onion Coriander Chilli Black Pepper.

Allergen advice For allergens including Cereals containing Gluten see ingredients in **bold**.

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Allergen and Nutrition Advice:

- Ingredients highlighted in bold or annotated with ✓ are allergens that are present in this product
- **MC** = Cross Contamination risk indicating that this ingredient is present in the manufacturing site / factory or supply chain and our suppliers believe there is a significant risk that this allergen could contaminate the food. Our busy kitchens endeavour to take all reasonable steps to avoid any risk of cross contamination however we cannot guarantee that our food is 100% free from a specific allergen