



EXAM SUPPORT

Mock Exams November 2022

Introduction

Year 11 is a very important year. Exams, college applications and decisions about the future all come around quicker than you might expect. Mock exam marks will be used by teachers to make predictions about final grades. Colleges and 6th forms will want to know them.

The purpose of this booklet is to provide you with essential information about how to prepare for your mock exams. To achieve well in your GCSEs you need to make the most of the mock experience

The key messages are:

1. Get organised! If you can't do it on your own, get help. Balance your subjects.
2. Start early – there is lots to do, the earlier you start, the more manageable it is, cramming your revision is stressful and not as effective.
3. Make use of all the things the school provides – we only recommend things that make a big difference!

Contents

- ❖ *How do I organise my revision?*
- ❖ *Where can I get resources to revise for my subjects?*
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- ❖ *Two different templates for making a revision plan*



Where can I get resources to revise for my subjects?

The following pages contain the key revision information from every subject. Find your subjects and take note of them!



Subject: English Language

Number of mock exams in November and length:

One paper: English Language exam – 1hr 45mins
Component 1 (only) – reading and writing fiction

Topics that may come up in the mock:

Section A – Reading (40 marks)

This section will test through structured questions the reading of an unseen extract from one 20th century literary prose text (about 60-100 lines). This section assesses AO1, AO2 and AO4.

Section B – Writing (40 marks)

This section will test creative prose writing through one 40-mark task. Candidates will be offered a choice of four titles giving opportunities for writing to describe and narrate, and imaginative and creative use of language. This response should be a narrative (story) / recount. This section assesses AO5 and AO6.

Recommended resources to use to revise and where they can be found:

- Practice papers will be given to students.
- Language revision workbooks are available from the Finance Office. Students should complete all the activities from page 6 to page 66.
- The following links may also be useful:

BBC GCSE Bitesize

1. <https://www.bbc.com/bitesize/topics/zps3mnb>
2. <https://www.bbc.com/bitesize/guides/zpr7xsg/revision/1>
3. <https://www.bbc.com/bitesize/guides/z9tg4j6/revision/1>
4. <https://www.bbc.com/bitesize/guides/z3qsv4j/revision/1>
5. <https://www.bbc.com/bitesize/topics/zq2tk7h>

Eduqas – Improving Written Accuracy

1. http://resource.download.wjec.co.uk.s3.amazonaws.com/vtc/2017-18/17-18_1-3/_eng/unit5/1-varying-the-way-you-start-sentences.html
2. http://resource.download.wjec.co.uk.s3.amazonaws.com/vtc/2017-18/17-18_1-3/_eng/unit5/02-the-right-word-in-the-right-place.html
3. http://resource.download.wjec.co.uk.s3.amazonaws.com/vtc/2017-18/17-18_1-3/_eng/unit5/04-punctuation.html
4. http://resource.download.wjec.co.uk.s3.amazonaws.com/vtc/2017-18/17-18_1-3/_eng/unit5/05-somethings-not-quite-right.html
5. http://resource.download.wjec.co.uk.s3.amazonaws.com/vtc/2017-18/17-18_1-3/_eng/unit5/06-choose-the-right-spelling.html

Subject: Maths

Number of mock exams in November and length:

2 papers, 1 hour 30 mins each (Paper 1 is non-calculator, Paper 2 is calculator allowed)

Topics that may come up in the mock:

All modules from year 10 and 11 so far!

A revision checklist will be given to all students in class and posted in Google classrooms.

Recommended resources to use to revise and where they can be found:

- Past papers will be given out to be used in class and at home.
- An extra set of past papers will be available on Google classrooms.
- Maths revision guides, workbooks and revision cards are available from the Finance Office
- The following websites are also great for revision:
 - Mathswatch <https://vle.mathswatch.co.uk/vle/>
 - Corbettmaths videos www.corbettmaths.com
 - Corbettmaths 5-a-day <https://corbettmaths.com/5-a-day/gcse/>
 - BBC bitesize https://www.bbc.co.uk/bitesize/examspecs/z9p3mn_b
 - Mathsgenie <https://www.mathsgenie.co.uk/gcse.html>

Subject: Double Science

Number mock exams in November and length:

Three exams, each 1 hour and 15 minutes

Topics that may come up in the mock:

Trilogy biology paper - one paper - 1 hour 15 mins [Biology paper 1 topics]

Trilogy chemistry paper - one paper - 1 hour 15 mins [Chemistry paper 1 topics]

Trilogy physics paper - one paper - 1 hour 15 mins [Physics paper 1 topics]

Recommended resources to use to revise and where they can be found:

Revision guide - The contents section in the front of the book lists the topics by paper.

Google classroom – A variety of revision materials for different learning styles. The login details will be released via the student bulletin and Parent Mail.

You will need to make sure that you are familiar with the **required practicals** for paper 1, as these **will be a key focus**.

Additional revision materials are available for purchase via the finance office. A letter will be sent home advising you of the materials we have available, the resources will be sold at cost price which is significantly cheaper than on the 'high street'.

Lunchtime revision sessions – We will focus on the four key topic areas for the exam, starting **Monday 03 October** through to **Friday 04 November**. Details of the topics to be covered will be published shortly. Students will need to **sign up in advance** for each session using the same method as for parents evening and we plan to **log attendance** for the parents benefit.

Subject: Separate Sciences (students who chose science as an option)

Number of mock exams in November and length:

3 exams, each 1 hour and 45 minutes

Topics that may come up in the mock:

Chemistry - 1 hour 45 mins [Chemistry paper 1 topics]

Biology - 1 hour 45 mins [Biology paper 1 topics]

Physics - 1 hour 45 mins [Physics paper 1 topics]

Recommended resources to use to revise and where they can be found:

Revision guide - The contents section in the front of the book lists the topics by paper.

Google classroom – A variety of revision materials for different learning styles. The login details will be released via the student bulletin and Parent Mail.

You will need to make sure that you are familiar with the **required practicals** for paper 1, as these **will be a key focus**.

Additional revision materials are available for purchase via the finance office. A letter will be sent home advising you of the materials we have available, the resources will be sold at cost price which is significantly cheaper than on the 'high street'.

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Subject: Business

Number of mock exams in November and length:

Business 1 – 80 marks, 90 minute exam - Multiple choice, short and long answer written questions.

Business 2 – 60 minute paper testing operations and finance topics we have covered only. Multiple choice, short and long answer written questions/calculations.

Topics that may come up in the mock:

Business 1 - Business activity, Marketing and People

Business 2 – Operations, Finance (revenue, cost, profit,, break-even)

Recommended resources to use to revise and where they can be found:

Class workbook and assessment feedback

In-house revision guides

Revision sheets/flash cards – which have been completed in class

Revision book – Published by Hodder Education GCSE Business (9-1)

Websites:

BBC Bitesize

Tutor2u website

Subject: Drama

Number of mock exams in November and length:

One exam 1 hour

Recommended resources to use to revise and where they can be found:

The Google Classroom pages are continually updated with information and examples. A copy of the filmed version of “An Inspector Calls” is available on Google Classroom.

Useful websites:

GCSE

Bitesize <https://www.bbc.co.uk/bitesize/examspecs/zkvm2sg>

National Theatre

Learning <https://www.nationaltheatre.org.uk/learning>

Resources:

‘Revise Edexcel GCSE (9-1) Drama’ (Available from Amazon or Finance office)

‘An Inspector Calls’ set text

Subject: Design & Technology Product Design

Number of mock exams in November and length:

One exam which is 2 Hours long.

Topics that may come up in the mock:

D&T and our world – *CAD/CAM, Manufacturing, Sustainability, New and Emerging Technologies*

Electronics – *Inputs/Process/Outputs, Circuits, Microprocessors*

Mechanisms – *Principles of mechanical devices, CAMS, Pulleys, Levers, Gears*

Smart Materials – *Modern Materials, Smart Fibres*

Materials – *Papers & Boards, Natural & Manufactured Timber, Ferrous & Non-Ferrous Metals, Thermoforming & Thermosetting Plastics, Natural & Synthetic Fibres*

Recommended resources to use to revise and where they can be found:

Revision podcasts on sohamdt.com

Students also have their theory books which have all of their theory work in which can be used to revise from.

All Design & Technology classrooms have class sets of Revision guides which they can use to revise and borrow.

Useful websites which can be used for revision:

www.sohamdt.com – YR 11 tab

www.technologystudent.com

<https://www.bbc.co.uk/bitesize/examspecs/z4nfwty> - Eduqas

Subject: Food Preparation and Nutrition

Number of exams in the subject and length:

One exam 1 hour and 45 minutes

Topics that may come up in the mock:

Food, nutrition and health, Food science, Food safety

Food choice, Food provenance

Recommended resources to use to revise and where they can be found:

Illuminate Publishing AQA FP&N Revision Guide (to be returned after final exam)

Mock and Past papers from AQA website

<http://www.illuminate.digital/aqafood/>

Login- SSOHAM 3

Password- STUDENT3

<https://www.bbc.co.uk/bitesize/subjects/zdn9jhw>

Subject: Geography

Number of mock exams in November and length:

Two exams – both will be 1 hour 5 minutes long

Topics that may come up in the mock:

Paper 1: Physical geography – natural hazards (UK extreme weather, climate change, tropical storms, earthquakes, volcanoes), rivers and coasts

Paper 2: Human geography - development including Pakistan case study; UK economy; urban including Nairobi and London case studies.

Recommended resources to use to revise and where they can be found:

Your own exercise books. AQA 9-1 revision guides (e.g. CGP, Collins) may help with general content but there are school specific examples and case studies which will not be in published resources.

The specification is here and gives you a useful overview of what you should know for each section, as well as checklists provided by school
<https://www.aqa.org.uk/subjects/geography/gcse/geography-8035/specification-at-a-glance>

Tips for revision:

Test yourself on key words on each topic.

Review your **examples** - identifying positives and negatives, e.g. of TNCs in Pakistan, Morpeth's flood defence scheme, ways to reduce the N/S divide, opportunities and challenges in Nairobi and urban change in London.

Make sure you can explain the sequence of factors and processes that create landforms (e.g. spits, meanders).

Use the AQA GCSE Geography website to practice past paper questions so you are familiar with the command words.

Subject: History

Number of exams in the subject and length:

1 exam – Thematic study and the historic environment. Crime and Punishment in Britain, c1000 – present and Whitechapel, c1870 – c.1900
1 hour 15 minutes

Topics that may come up in the mock:

Crime & Punishment c.1000 - present:

Anything from the course could be in the exam – Laws, policing, crime, punishments over time, key features of Whitechapel.
The key focus will be causation (why things happened) and change and continuity (how far things changed or stayed the same).

Recommended resources to use to revise and where they can be found:

All key revision can be done from work completed in class in exercise books. Your teachers will also have set up some Seneca revision for you to work through.

There are some commercial revision guides available to buy. However, you may also wish to consider buying revision guides.

The 'Revise Edexcel GCSE (9-1) History' series produce revision guides, revision cards and workbooks. These are readily available from retailers such as Amazon.co.uk. Just ensure you search for the course listed above as there are many different topic options.

NB Pupil Premium students will receive a set of revision guides in the build up to final exams in 2022. If you would like copies before then please speak to Mr Wale.

Tips for revision:

Ensure you don't just learn facts in isolation. Try and link content to a theme. For example; to explain the causes of something or why something changed or stayed the same. Also try and look at how far things changed over time. For example; how and why did punishment change over time.

Subject: ICT

Number of exams in the subject and length:

One exam – 90 minutes

Topics that may come up in the mock:

- Cyber security
- Cloud storage
- User access
- Acceptable Use Policies
- Accessibility
- Social media
- Environmental issues
- Data
- Flowcharts
- Encryption
- Hacking

Recommended resources to use to revise and where they can be found:

<https://www.knowitallninja.com/> (use login details)

<https://www.bbc.co.uk/bitesize/examspecs/zdjphbk>

Revise BTEC Tech Award Digital Information Technology Revision Guide (given to students at the start of year 11)

Subject: Computer Science

Number of exams in the subject and length:

Two exams – each 90 minutes

Topics that may come up in the mock:

Paper 1 - Computer systems

- Systems Architecture • Memory • Storage • Wired and wireless networks • Network topologies, protocols and layers • System security • System software • Ethical, legal, cultural and environmental concerns

Paper 2 – Computational thinking, algorithms and programming

- Algorithms * • Programming techniques • Producing robust programs • Computational logic • Translators and facilities of languages • Data representation

Recommended resources to use to revise and where they can be found:

[https://www.teach-](https://www.teach-ict.com/2016/GCSE-Computing/OCR-J276/OCR-J276-home.html)

[ict.com/2016/GCSE-Computing/OCR J276/OCR J276 home.html](https://www.teach-ict.com/2016/GCSE-Computing/OCR-J276/OCR-J276-home.html)

<https://student.craigndave.org/gcse-videos>

<https://www.bbc.co.uk/education/subjects/z34k7ty>

<https://www.cambridgegcsecomputing.org/>

<http://www.ocr.org.uk/qualifications/gcse-computer-science-j276-from-2016/assessment/> (sample assessment material)

CGP GCSE OCR Computer Science The Revision Guide

Subject: Film Studies

Number of exams in the subject and length:

One exam: 1 hour and 30 minutes

Content that will feature in the mock:

FILM STUDIES – Component 1: Key Developments in US Film

Rear Window (Hitchcock, 1954)

Witness (Weir, 1985)

Key developments in film and film technology

Juno (Reitman, 2007)

Recommended resources to use to revise and where they can be found:

All revision materials/supporting resources, web links, exam board mark schemes/model exam papers, and a wealth of Power Point presentations, videos and pdfs are located on Year 11 Film Studies Google Classroom.

Subject: Media Studies

Number of mock exams in November and length:

On Exam: 1 hour and 30 minutes.

Content that will feature in the mock:

MEDIA STUDIES – Component 2: Understanding Media Forms and Products

TV Crime Drama

Luther, Series 1, Episode 1 (BBC, 2010)

The Sweeney, Series 1, Episode 1 (1975)

Music Video and Online, Social and Participatory Media

Bad Blood (Taylor Swift, (2014)

[Taylor Swift - Bad Blood ft. Kendrick Lamar - YouTube Home - Taylor Swift](#)

Intentions (Justin Bieber, 2020)

<https://www.youtube.com/watch?v=3AyMjyHu1bA>
[Justin Bieber | Home \(justinbiebermusic.com\)](http://justinbiebermusic.com)

Rio (Duran Duran, (1982)

<https://www.youtube.com/watch?v=nTizYn3-QN0>

Recommended resources to use to revise and where they can be found:

All revision materials/supporting resources, web links, exam board mark schemes/model exam papers, and a wealth of Power Point presentations, videos and pdfs are located on Year 11 Media Studies Google Classroom.

Subject: MFL (French and Spanish)

Number of mock exams in November and length:

	Foundation	Higher
Listening	35 mins	45 mins
Reading	45 mins	1 hour
Speaking	12 mins prep + 7-9 mins exam	12mins prep + 10-12 mins exam
Writing	1 hour	1 hour 15 mins

Topics that may come up in the mock:

- **Theme 1:** *Identity & Culture: Me, my family, friends + relationships, Free-time, Technology*
- **Theme 2:** *Local, national, international & global, Home & local area, Healthy/unhealthy living, Environment, Travel & tourism (holidays), Poverty/homelessness, charity work*
- **Theme 3:** *Current/future study + employment, My studies, Life at school, Education post-16, Careers/ambitions*

Recommended resources to use to revise and where they can be found:

Vocab learning – Memrise.com, Linguascope Intermediate,
Grammar – Languagesonline.org.uk, your exercise book
Listening & Reading – BBC Bitesize, Revision guides
Speaking – questions/answers prepared in your portfolio – this is crucial for both the speaking endorsement & written exams
Writing – assessment portfolio, speaking portfolio
LanguageNut – revision of all the above
Revision guides – available in the Finance office – useful for all skills
Talk to your teacher if you would like additional practice materials

Subject: Music

Number of exams in the subject and length:

One listening examination – Approx. 60 minutes long

Topics that may come up in the mock:

Calypso, Baroque and Romantic Concerto, African Drumming, Pop Ballads from the 1970s, 80s and 90s, Film/Video Game Music, Solo Artists from Present Day, Melodic dictation (notating missing notes in a score), Italian terms found on a score

Recommended resources to use to revise and where they can be found:

The OCR GCSE Music website:

<https://www.ocr.org.uk/qualifications/gcse/music-j536-from-2016/>

Rhinegold OCR GCSE Music Revision Guide (available to buy from the Finance Office)

YouTube - OCR GCSE Music Virtual Textbook (there are some excellent tutorial videos covering all areas of study complete with useful videos and audio)

YouTube - OCR GCSE Music AoS1, 2, 3, 4 and 5 (searching for these on YouTube will provide you with numerous helpful videos and tutorials)

Subject: Physical Education

Number of mock exams in November and length:

One written exam paper of 1 hour duration

Topics that may come up in the mock:

Paper 1 - Factors Affecting Physical Performance – Applied anatomy and physiology; Physical training

Recommended resources to use to revise and where they can be found:

OCR GCSE PE Revision Guides:

https://www.amazon.co.uk/GCSE-Physical-Education-Revision-Guide/dp/1789083206/ref=sr_1_4?keywords=ocr+gcse+pe+revision&qid=1569332219&sr=8-4

Sample assessment:

<https://www.ocr.org.uk/Images/316929-sample-assessment-materials-taster-booklet.pdf>

Practice paper:

<https://www.ocr.org.uk/Images/234823-unit-j587-01-physical-factors-affecting-performance-sample-assessment-material.pdf>

Subject: Religious Studies

Number of exams in the subject and length:

Paper 1 on Christianity and Buddhism - 1 hour 45 minutes

Paper 2 on Theme A – 30 minutes

Topics that may come up in the mock:

Paper 1 - Christianity and Buddhism (Beliefs and Practices for both religions). Refer to the check sheet in the front of your books for details of topics covered.

Paper 2 – Theme A only

Recommended resources to use to revise and where they can be found:

Resources given by school:

Sample questions and answers

Google classroom has all the lesson powerpoints, resources and links to relevant websites

AQA revision work books (Paper 1 and 2)

AQA revision cards

Useful websites:

[http://www.aqa.org.uk/subjects/religious-](http://www.aqa.org.uk/subjects/religious-studies/gcse/religious-studies-a-8062)

[studies/gcse/religious-studies-a-8062](http://www.aqa.org.uk/subjects/religious-studies/gcse/religious-studies-a-8062) (past papers)

<https://www.bbc.com/education/examspecs/zy7spbk>

<https://www.buddhanet.net/e-learning/index.htm>

<http://www.bbc.co.uk/religion/religions/christianity>

<https://www.truetube.co.uk/> has useful videos linked to the themes paper

Other useful resources (available from Finance Office):

AQA Religious Studies A (9-1) Christianity & Buddhism revision guide.

Subject: Health and Social Care

Number of exams in the subject and length:

One exam: 2 Hours

Content that will feature in the mock:

Part A :

Q1. Identifying and explaining factors that have a positive or negative effect on the individual in the case study.

Q2. Explaining how a life event can affect the individual's health and wellbeing.

Q3. Identifying Health issues from the individual's lifestyle and physiological data and explaining the future health issues that could arise.

Part B: Designing a health and wellbeing plan for the individual in the case study. This is made up of three questions and includes suggesting three actions with short- and long-term SMART targets, explaining why these targets have been chosen, suggesting and explaining types of support and finally identifying and suggesting ways to overcome barriers to achieving the goals.

Recommended resources to use to revise and where they can be found:

All revision materials/supporting resources are located on your Google Classroom page in a folder named revision resources.

Resources include example questions, revision notes and mind maps, resources used in class and model answers.

Unfortunately, due to the short time this course has been running and the two years of disruption to exams, there are no past papers on the exam board website.

How do I revise?

The key message when revising is that it must be **active** and not passive. Passive would be just reading the revision guide then finishing and going to watch TV. Active revision is anything that involves thinking, making a decision or doing.

Instead of just reading it and then having a cup of tea...

- ***Can you reduce the information down to half the size in note form? Can you reduce it further down to just keywords?***
- ***Can you draw pictures to help you remember it?***
- ***Can you summarise the information in 5 key points then put them in order of importance?***
- ***Can you draw a mind map and link the information on a topic together?***
- ***Can you turn the page of information into a 10 question quiz that you can get someone to test you on?***
- ***Can you make flash cards with keywords on one side and definitions on the other?***
- ***Can you make a podcast about the thing you are learning about?***



How do I revise?

Once you feel like you've revise a topic, you need to **test yourself** to see if you really have and practice applying that knowledge. If the subject you are revising for involves writing them you must practice writing your answers

You can do this by answering questions in the revision guides, or by answering the relevant pages in a workbook or internet site.

It is extremely important that you mark the questions yourself – there is no point in doing questions if you don't know if they are right or not

Exam practice – build up to trying exams, there are not many practice papers so use them wisely! Make sure you mark them afterwards – get help from someone if you struggle. If you can't help looking at the answers, give them to someone responsible!



The Pressures of Exams



Some stress isn't always a bad thing. It focuses us at a time when it really matters.

But it is crucial to find the perfect balance, somewhere between not caring how you do to being so anxious that you are not able to perform in the exam.

What can you do?

- **Revise-** It sounds obvious but you will become more anxious if you haven't done any work. Revising will give you more confidence in your ability to perform in the exam.
- **Sleep-** Revising until the early hours won't help anyone. You won't sleep well, which means in the morning you're tired and grumpy. That's not going to help anyone is it?
- **Ban the socials-** Checking your notifications late into the evening before a big exam is distracting and the light from your phone/ tablet/ laptop actually tricks the brain into thinking the light is morning sunlight and 'wakes' you up. Plus who knows what someone has tagged you in or written on your wall. You don't need that drama!
- **Meditate!**- If the pre-exam build up throws you off you're A-Game then try some guided meditation (sessions in the Hub before the exams)- proven to calm and relax you, focusing the mind.
- **Speak to us!**- Every year we have students who struggle with exams. You're not on your own! Pop in, email us, ask your tutor to email/ speak to us, ask parents to call in. However, you need to do it, let us know. Talking to someone will always make you feel better. We've got so many tips and tricks but unless we know about you we can't help!

What can we do?

- **Self-help resources-** we use some fantastic resources that have been written by professionals for students around exam times. Why not pop into the Hub to pick up a pack or you can sign up to receive 6 emails that firstly explain what anxiety is and then how to manage it- Go to www.danreganhypnotherapy.co.uk/issues/exam-fear to sign up for the free emails.
- **Offer support and strategies to manage anxiety-** After your mocks we're going to run some sessions with Mrs Rockley to explore what the right support for you is.
- **Tweaks to exam arrangements**
- **Guided meditation-** As mentioned earlier, meditation is hugely successful in focusing and calming you down. We'll be running some sessions to teach you how to do it. Then, if you're getting stressed, you can try to calm yourself down. Any time, any place!

Part one: Planning the habit

1. Think about commitments you already have e.g. the school day, an evening when you have football training and list them
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2. Then put them into the weekly timetable below
3. Look at it and work out what have time available
4. Put in a time you'd like to have stopped working by
5. Think of other things you like to do that relax you or you enjoy
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 -
6. List the subjects you take:
7. Highlight any priorities in within that list (if you have any that you want to particularly focus on)

Part one: Planning the habit

8. Put in hour or half hour blocks into the timetable where revision could take place
9. Put in a couple of spots where you know you'd like to relax
10. When are you at your best, which hours are your most productive do you think?
11. Identify 'dead time' e.g. before meals, after meals, when you're waiting around for something to start

Part 2: Doing the habit

1. Try to use a room or part of a room that is only for revision, that way you will associate working with being there and distractions will be easier to avoid. Which location (s) can you think of?
2. Sit a chair and a table/desk (not on your bed).
3. Tell someone you're starting revision and tell them to ask you what you will be doing in that time. Who can you tell, share our plan with?
4. Be very specific about when, where and what you will revise. Stick to the plan!
5. Keep distractions away – no TV, no phone, no computer game. Make it easy to avoid temptation by making your environment temptation free. Where will you put your phone, who could you give it to?
6. Set a clear end time so you know when you can stop. Stick to the plan.
7. Treat it like a job that needs doing, if it's not a school day, get up for work.

